

# SUPREP Bowel Preparation – Split Dosing

If you are scheduled at our Eastside Campus

St Francis Hospital – Eastside  
First Floor – Admitting/ Registration  
125 Commonwealth Drive, Greenville SC 29615  
864-675-4000

If you are schedule at our Downtown Campus

St. Francis-Downtown  
First Floor-Admitting/Registration  
1 St. Francis Drive, Greenville, SC 29601  
864 255-1135

## **Items to purchase 5 days before your procedure:**

1. SuPrep - pick up prescription at your pharmacy.
2. Purchase one 10oz bottle of Magnesium Citrate
3. Purchase Dulcolax Laxative tablets;( Not stool softener tablets).

## **Two days before your appointment:**

Drink at least eight glasses of water today. STOP eating high- fiber foods such as vegetables and beans until after your colonoscopy. You can eat all other types of food today.

**Drink the 10 oz bottle of magnesium citrate after dinner.**

## **The day before you Colonoscopy:**

Clear liquid only the entire day (water, Gatorade, coffee, tea, sprite, 7-up, Jell-O, popsicles, chicken/beef broth, apple juice).

**No milk/No Dairy products, NO RED, BLUE or PURPLE color liquids /dyes**

4:00 pm Take 2 Dulcolax Tablets

6:00 pm – pour one 6 oz bottle of SuPrep liquid into the mixing container. Add cold water to the 16-oz line and mix. Drink all the solution over 10-15 minutes.

Drink two more 16-ounce glasses of water over the next 1 hour.

## **Morning/Day of your Colonoscopy:**

6 hours prior to arrival time of your procedure, pour one 6 oz bottle of SuPrep liquid into the mixing container. Add cold water to the 16-oz line and mix. Drink all the solution over 10-15 minutes. Drink two more 16-ounce glasses of water. Must finish drinking the final glass of water at least 4 hours prior to arrival time.

**NOTHING TO DRINK 4 HOURS PRIOR TO COLONOSCOPY**