

GETTING READY FOR YOUR COLONOSCOPY

You will need to pick up your bowel prep from your local pharmacy.

You must arrange for someone 18 years or older to come with you to and from your colonoscopy and stay during your visit to drive you home. Your colonoscopy may need to be rescheduled if you do not have a driver.

Check with your insurance company before your procedure to ensure coverage and plan to bring copays if necessary.

7 days before your procedure:

Stop taking - Trulicity, Mounjaro, Insulin, Ozempic, Wegovy, Rybelsus, Bydureon.

5 days before your procedure:

_Stop taking – Coumadin, Plavix, Xarelto, Iron, fish oil, multivitamins, Ibuprofen products, or any other blood thinners.

4 days before your procedure:

Stop taking - Steglatro

3 days before your procedure:

Stop taking - SGLT2 inhibitor (Jardiance, Invokana, Farxiga), Liraglutide - (Saxenda, Victoza), Byetta

2 days before your procedure:

Stop taking Eliquis

Day before your procedure:

Stop taking – Lixisenatide - (Adlyxin)

Take half of your normal dose of Diabetic Medication

Drink only clear liquids. this includes water, apple juice, white grapefruit juice, Gatorade, tea, coffee, 7- up, sprite, ginger-ale, Jell-o, popsicles, chicken/ beef broth.

DO NOT CONSUME ANY MILK, DAIRY, CREAMER, RED PURPLE, OR BLUE DYES

Start taking your colon prep as instructed.

GI lab will call you between 1:00 and 5:00pm to let you know what time to arrive for your procedure.

Day of your Colonoscopy:

Take your beta blocker (atenolol, nebivolol, metoprolol, carvedilol, labetalol, nadolol, pindolol, propranolol)

Do not take : any other medication the day of your colonoscopy until after your procedure. This includes listed blood pressure medications:

Benazepril, Captopril, Cilazapril, Fosinopril, Lisinopril, Moexipril, Perindopril, Quinapril, Ramipril, Trandolapril, Azilsartan, Candesartan, Eprosartan, Losartan, Olmesartan, Telmisartan, Valsartan.

