



NULYTELY/GOLYTELY COLONOSCOPY PREPARATION INSTRUCTIONS

COLONOSCOPY DATE: _____

PICK UP YOUR PRESCRIPTION AT YOUR PHARMACY 5 DAYS PRIOR TO PROCEDURE

Two days before your procedure:

Follow the prep instructions, mix your Golytely with Water, Gatorade or Crystal Lite. Chill in refrigerator overnight.

The day before your procedure:

5:00 pm start drinking mixture. Take 8 oz glass of prep every 30 minutes until gone.

In addition to the preparation, you will need to drink an additional 6 to 8 cups of the clear liquids (water, Gatorade, sprite, 7-up, Crystal Lite, Tea, Coffee, Jell-O, Popsicles, Chicken/ beef broth)

NO MILK, DAIRY, RED, PURPLE OR BLUE DYES.

NOTHING TO DRINK AFTER MIDNIGHT

IMPORTANT:

IF YOU DO NOT FOLLOW THESE DIRECTIONS, YOUR COLONOSCOPY COULD BE CANCELED DUE TO HAVING AN UNCLEAR PREP