

2023-2024 Academic Year

Bon Secours Mercy Health- St. Francis Family Medicine & Blackstone Rural Track

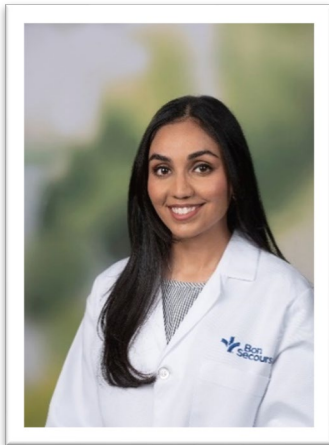


Mohsin Ali, MD
PGY 3
Chief Resident

Medical School: Virginia Commonwealth University

Personal interests: Hiking, bouldering, technology, astronomy.

Why SFFM? "I chose SFFM primarily due to the supportive faculty and residents along with the unopposed curriculum providing a rigorous, yet comprehensive training experience suited for family medicine."



Momna Ayub, DO
PGY 3

Medical School: Rowan University School of Osteopathic Medicine

Personal interests: I enjoy traveling, baking, bingeing Netflix, and spending time with my family and friends.

Why SFFM? "SFFM offers a very supportive environment in which to grow and provides well balanced training."

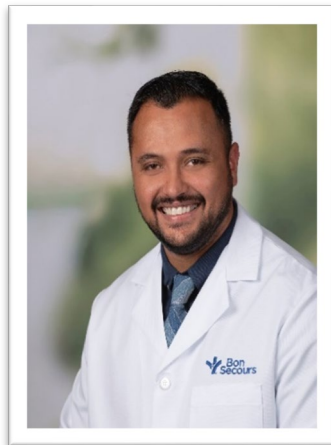


Kara Cabbage, MD
PGY 3
Chief Resident

Medical School: St. George's University School of Medicine

Personal interests: Spending time with family, friends, and my dog Eden, traveling

Why SFFM? "I chose SFFM because of the broad scope of opportunity to learn and practice unopposed family medicine in local, rural, and global settings along with the strong sense of community amongst the faculty and residents."

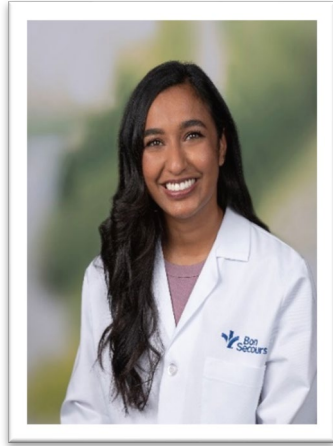


Ramin Haidari, MD
PGY 3

Medical School: Virginia Commonwealth University School of Medicine

Personal interests: I love traveling, listening to audiobooks, drawing/painting and playing basketball!

Why SFFM? "SFFM has the best, most supportive faculty and co-residents, making it a great place to grow as a physician as well as a person!"



Agnijita Kumar, MD
PGY 3

Medical School: Virginia Commonwealth University School of Medicine

Personal interests: Traveling, exploring new restaurants, cooking, baking, painting, and spending time with friends and family (including my two cats and puppy)

Why SFFM? “I wanted a program where I could further explore my interests in behavioral health, academic medicine, and women’s health. As a unopposed program with a diverse patient population, SFFM checked all those boxes for me! The faculty and residents in the program are also incredibly supportive and emphasize personal wellness and a well-rounded training.”



Dixon Lee, MD
PGY 3
Chief Resident

Medical School: Virginia Tech Carilion School of Medicine

Personal interests: My dogs, running, soccer, basketball

Why SFFM? “I chose SFFM because of the people and the location. The people have made me feel welcome and comfortable, and I love the city of Richmond, which has family and friends for me as well as all of my favorite activities.”

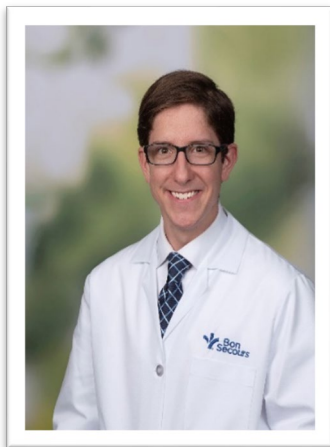


Ashleigh Powell, DO
PGY 3
Chief Resident

Medical School: Edward Via College of Osteopathic Medicine (VCOM)

Personal interests: I enjoy water-based activities like kayaking, paddle boarding, and boating. On weekends I love spending time with my family and friends, taking them to restaurants in the Richmond area!

Why SFFM? “When I came in person to meet some of the residents, everyone was so nice, and I could tell they actually enjoyed spending time together. That sense of community was amazing!”

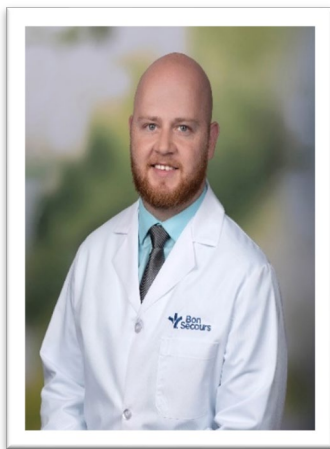


Caleb Southall, MD
PGY 3

Medical School: University of Virginia School of Medicine

Personal interests: Playing sports, spending time with family

Why SFFM? Blackstone- “Well-rounded, unopposed community program with an outstanding rural track!”

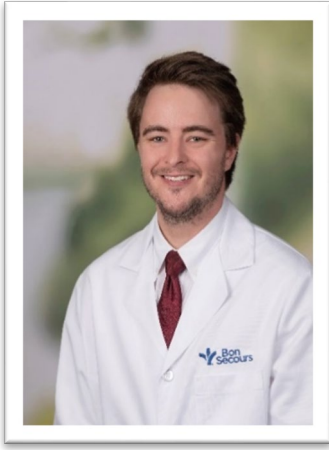


Joseph Tuck, MD
PGY 3

Medical School: Virginia Commonwealth University School of Medicine

Personal interests: Running, hiking, and spending time with my three daughters

Why SFFM? “The SFFM culture of being a true family that supports each other through all of life’s challenges, both at work and at home.”



Joseph Varner, DO
PGY 3

Medical School: Campbell University School of Osteopathic Medicine

Personal interests: Blue Ridge Mountains, hiking trails, swimming in rivers, music, lutherie, wood-working, gardening, being with family

Why SFFM? Blackstone- “Dr. Agbeibor told us on our first day, “we choose people that we can see are kind”. I like to think I saw that same kindness from the people I met at this program. Not only do they show kindness toward those around them, but they exhibit real love for family medicine and for caring for others.”