

# **2024-2025 Academic Year Bon Secours Mercy Health- Sports Medicine Fellowship**



**Lubens Lavaud, DO  
Fellow**

**Medical School:** New York Institute of Technology College of Osteopathic Medicine

**Family Medicine Residency:** St. John Episcopal Hospital

**Personal interests:** Weight Lifting, Target Archery, Listening to music, and spending time with family and friends

**Why St. Francis Sports Medicine-** “I chose this program because it provides everything, I was looking for in a Sports Medicine Fellowship program: opportunities to work with high schools, collegiate and professional teams across various sports, specialized training in ultrasound and ultrasound-guided injections and the opportunity to train with a team of friendly, approachable, and outstanding educators.”