











2021

Assisted Living Calendar

November

Province Place of Maryview
1 Bon Secours Way, Portsmouth, VA 23703

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 VETERANS DAY ★ ★ ★ ★ ★ THANK YOU FOR YOUR SERVICE	1 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 2:00 PM Board Games (p,s,r) 4:00 PM Current News (p,r)	2 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 1:15 PM Matinee Movie "In Her Shoes" (c,s,sy) 3:30 PM Baking - Cookies (p,s,sy) 6:30 PM Worship Service Video (sp,r)	3 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM One on One Visits (c,s,r) 3:00 PM Ice Cream Bars (s,r,sy)	4 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Nail Painting (p,sy,r) 1:30 PM ZOOM Visits (c,s,r) 2:00 PM Garden Chat (o,sy,s,p) 3:30 PM Thanksgiving Craft (pr,s,sy)	5 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM Wii Bowling (c,p,r) 3 - 4 PM Happy Hour with Lyle & Linda Dowling (s,r,sy,o)	6 10:00 AM Devotions (sp,r,s) 2:30- 4 PM Matinee Movie "The Legend of Bagger Vance" (c,s,sy) 4:00 PM Current Events (p,r)	
7 Daylight Saving Ends 10:00 AM Worship Service Video (sp,r,s) 2:00 PM Gospel Music Video in the Movie Room (sp,r,s)  Set clocks back one hour	8 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 2:00 PM Board Games (p,s,r) 4:00 PM Current News (p,r)	9 9:00 AM Devotions (sp,r,s) 10:30 AM Fitness Fun! (p,s,c) 1:15 PM Matinee Movie "The Legend of Bagger Vance" (c,s,sy) 3:30 PM Baking - Scones (p,s,sy) 6:30 PM Worship Service Video (sp,r)	10 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM One on One Visits (c,s,r) 3:00 PM Hot Chocolate (s,r,sy)	11 Veteran's Day 9:00 AM Devotions (sp,r,s) 10:30 AM Heart Songs Trio (s,r,sy) 11:00 AM Nail Painting (p,sy,r) 1:30 PM ZOOM Visits (c,s,r) 2:00 PM Veteran's Ceremony (r,s)  	12 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM Wii Bowling (c,p,r) 3 - 4 PM Happy Hour with Eddie Sal (s,r,sy)	13 10:00 AM Devotions (sp,r,s) 2:30- 4 PM Matinee Movie "Footprints" (c,s,sy) 4:00 PM Current Events (p,r)	
14 10:00 AM Worship Service Video (sp,r,s) 2:00 PM Gospel Music Video in the Movie Room (sp,r,s)	15 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 2:00 PM Afternoon Drive * Mystery Trip (o,sy,n) 4:00 PM Current News (p,r)	16 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 1:15 PM Matinee Movie "Footprints" (c,s,sy) 3:30 PM Baking - Cookies (p,s,sy) 6:30 PM Worship Service Video (sp,r)	17 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM One on One Visits (c,s,r) 2:00 PM Resident Council Meeting (pr,s,c) 3:00 PM Birthday Cake (s,r,sy)	18 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Nail Painting (p,sy,r) 1:30 PM ZOOM Visits (c,s,r) 1:30 PM Food Committee Mtg.(p,r,s) 2:00 PM Garden Chat (o,sy,s,p) 3:30 PM Beadwork Craft (sy,s,p)	19 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM Wii Bowling (c,p,r) 3 - 4 PM Happy Hour with "The Lyrics" (s,r,sy,o)	20 10:00 AM Devotions (sp,r,s) 2:30- 4 PM Matinee Movie "Music From Another Room" (c,s,sy) 4:00 PM Current Events (p,r)	
21 10:00 AM Worship Service Video (sp,r,s) 2:00 PM Gospel Music Video in the Movie Room (sp,r,s)	22 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 2:00 PM Afternoon Drive * Memory Care Residents (o,sy,n) 4:00 PM Current News (p,r)	23 9:00 AM Devotions (sp,r,s) 10:30 AM Fitness Fun! (p,s,c) 1:15 PM Matinee Movie "Music From Another Room" (c,s,sy) 3:30 PM Baking - Scones (p,s,sy) 6:30 PM Worship Service Video (sp,r)	24 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM One on One Visits (c,s,r) 3:00 PM Root Beer Floats (s,r,sy)	25 Thanksgiving 9:00 AM Devotions (sp,r,s) 9 - 12 AM Macy's Day Parade Act. Rm Ch.10 (s,r) 1:30 PM Scrabble (p,s,c)  	26 9:00 AM Devotions (sp,r,s) 11:00 AM Chinese Checkers (c,s) 1:30 PM Matinee Movie Resident Pick (c,s,sy)	27 10:00 AM Devotions (sp,r,s) 2:30- 4 PM Matinee Movie "The Whole Wide World" (c,s,sy) 4:00 PM Current Events (p,r)	
28 10:00 AM Worship Service Video (sp,r,s) 2:00 PM Gospel Music Video in the Movie Room (sp,r,s)	29 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 11:00 AM Bingo (c,s) 1:30 PM Christmas Decorating (p,s,r)   Christmas Decorating	30 9:00 AM Devotions (sp,r,s) 10:00 AM Fitness Fun! (p,s,c) 1:15 PM Matinee Movie "The Whole Wide World" (c,s,sy) 1:30 PM Christmas Decorating (p,s,r) 3:30 PM Baking - Cookies (p,s,sy)  Christmas Decorating	 <p>HAPPY <i>Thanksgiving</i> ...from our family to yours...</p>			Activity Codes p: Physical pr: Productive n: Nature sp: Spiritual o: Outside r: Reflective c: Cognitive sy: Sensory s: Social	All activities are an hour in length unless stated otherwise. Devotions: 15 minutes Fitness Fun: 30 minute ~ All activities are subject to change.
					* Outing- Sign up is required * Act.Rm - Activity Room		