

# Community Health Needs Assessment

Bon Secours Southampton Memorial Hospital Bon Secours Mercy Health, Inc.



**Good Help to Those In Need\*** 





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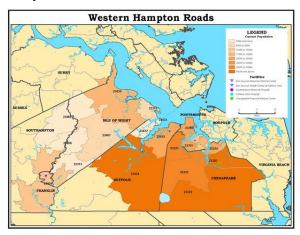
# **Executive Summary**

Bon Secours Southampton Memorial Hospital (SMH) is located in Franklin, Virginia. SMH is a Joint Commissionaccredited, 219-bed facility that provides outpatient, emergency, inpatient, medical, surgical and long-term care serving approximately 63,477 residents in the City of Franklin, Isle of Wight County, Southampton County, and the City of Suffolk in the Commonwealth of Virginia. The CHNA examines qualitative input provided by community members coupled with quantitative data on health conditions in the area. Together the information forms a snapshot of important areas of health concern. A survey to gather information from the community was conducted as part of the 2019 Community Health Assessment. This executive summary provides an overview of the initiative and the findings.

The Mission of Bon Secours Mercy Health, Inc. is to extend the compassionate ministry of Jesus by improving the health and well-being of our communities and bring good help to those in need, especially people who are poor, dying and underserved.

The survey and this assessment focus on the SMH service area of fifteen (15) zip codes. The study region is shown in the map.

# **Bon Secours Southampton Memorial Hospital Service Area**



The Peninsula Community Health Collaborative (PCHC), made up of representatives from Hampton Roads health systems and health departments, met in May 2018 to begin the work on the 2020 – 2022 Community Health Needs Assessment. In order to obtain input from the community, an online and hard-copy survey was disseminated in English and Spanish to the community and key stakeholders.

The Community Health Assessment Survey (Survey) was disseminated from October 23, 2019 through December 12, 2019. The Survey was available online and paper in both English and Spanish. The Survey was distributed widely via Bon Secours and PCHC networks, as well as meetings, clinics and programs. The Survey can be reviewed in Appendix V.



Overall, survey participants represent a blend of perspectives across age, race and income.

Based on secondary data analysis, the following table highlights the major health issues where the SMH community has worse rates or percentages when compared to Virginia.

### **Health Concerns**

- Alcohol/Substance Use
- Behavioral/Mental Health
- Diabetes/Overweight/Obesity
- Heart Conditions

## Social / Economic Factors

- Low Median Income
- Unemployment
- Hunger
- Accidents/Injuries (unintentional)
- Violence in the Community

The following charts illustrate the top strengths, health issues and services that need improvement identified by survey participants.

# Top Strengths identified by Survey Participants

Affordable Child Care

Affordable Housing

Employment Opportunity/Workforce Development

Healthy Food Access

Homelessness

Neighborhood Safety

# Top Health Issues identified by Survey Participants

Alcohol/ Substance Use

Behavioral/Mental Health

Diabetes

**Heart Conditions** 

Smoking/Tobacco Use

Overweight/Obesity

# Top Areas of Improvement identified by Survey Participants

Behavioral/Mental Health Services

Chronic Disease Services

Dental/Oral Health Services

Social Services

**Aging Services** 



For the most part, the health needs selected by survey participants focus on health issues. Violence in the Community and Accidents/Injuries (unintentional were the only social issues included in the top concerns.

SMH's senior leadership team met to review primary and secondary data gathered through the CHNA process (community meetings, community and key stakeholder surveys, and meetings with regional health systems and health departments). Recognizing the importance of each of the health concerns identified, the team evaluated them, the hospital's strategic goals, and services currently provided. Based on these criteria, the team narrowed their focus to the top five health concerns selected by both the community and key stakeholders. The team then determined the areas in which they could have the greatest impact. Based on the above information and processes, SMH will focus the Community Health Needs Assessment implementation strategy on the following.

#### **Heart Conditions**

Heart disease remains the leading cause of death in the U.S. and stroke continues to rank fifth, according to the National Center for Health Statistics Mortality Data Report 2017. for Research shows people living with diabetes are at least two times more likely develop die from to and

cardiovascular disease. Cardiovascular diseases are a group of disorders of the heart and blood vessels which include: coronary heart disease, cerebrovascular disease, peripheral arterial disease, rheumatic heart disease, congenital heart disease, and deep vein thrombosis and pulmonary embolism.

SMH will address heart disease through The CHF Get with the Guidelines program, an in-hospital program for improving care by promotion consistent adherence to CHF (chronic heart failure) treatment guidelines. In addition, SMH will focus on efficient and effective care patients with acute coronary syndrome and establish consistent, high quality processes across the continuum of care. Community education will be implemented through programming and heart attack warning education flyers in the hospital and medical group waiting rooms. Hypertension and CHF control will be done through the medical groups.

# Chronic Disease in the Aging Population

One in four Americans suffers from multiple chronic conditions, those that last a year or more and require ongoing medical attention or that limit activities of daily living. That number rises to three in four Americans aged 65 and older. As a person's number of chronic conditions increases, his or her risk for dying prematurely, being hospitalized, and even receiving conflicting advice from



health care providers increases. People with multiple chronic conditions also are at greater risk of poor day-to-day functioning. Chronic conditions can lower quality of life for older adults and contribute to the leading causes of death among this population.

Using the CHNA priorities as a guide, SMH will partner with medical providers and community groups to increase awareness of chronic health conditions in older adults through educational programming focused on the aging population. Medical practices will provide effective A1C monitoring and treatment to reduce complications related to diabetes and improve overall health of patients. Annual medical

wellness visits will ensure screenings are being performed to identify chronic disease early and effective management of chronic disease is implemented.

Southampton Memorial Hospital was acquired by Bon Secours Mercy Health, Inc. on January 1, 2020. Prior to the acquisition, SMH was a for-profit hospital. As such, it was not required to complete a CHNA. In order to align all hospital year-ends and CHNA cycles, Southampton Memorial Hospital will **CHNA** prepare а new and Implementation Strategy for tax year ending December 31, 2022.

# **Facility and Service Area Description**

Bon Secours Southampton Memorial Hospital (SMH), Franklin/Southampton's first medical facility began in the home of Dr. Raiford in the small community of Sedlev and later became Raiford Hospital. SMH opened in 1963 on its current site. In 1999. SMH was purchase bγ Community Systems. Bon Secours Mercy Health, Inc. purchased SMH on January 1, 2020.

In 2004, SMH underwent a \$17.5 million, 60,000 square foot expansion. A \$2 million renovation in 2001 converted shared rooms into private rooms. In

2006, the renovation of the Women's Suite was completed and in 2015, a \$2 million renovation of East Pavilion was completed.

SMH is a 219-bed not-for-profit, acute care facility licensed in the state of Virginia and serving approximately 63,477 residents primarily in cities of Franklin and Suffolk and the counties of Isle of Wight and Southampton. SMH provides a comprehensive array of inpatient and outpatient services. In addition, SMH works with sister facilities Bon Secours DePaul Medical Center in Norfolk, Bon Secours Mary Immaculate



Hospital in Newport News, and Maryview Medical Center in Portsmouth to support highly complex surgical specialties.

SMH has 90 licensed general acute care beds. eight ICU beds. 58 medical/surgical beds (including 10 licensed Swing beds), a 13-bed secured medical unit, and 10 medical detox beds. In addition, SMH operates a 24hour emergency services department and a 129 bed long term care facility. In addition to the services listed above, SMH offers comprehensive radiology services including magnetic Resonance **Imaging** (MRI) and Computer Tomography (CT). Other offerings include nuclear medicine, respiratory therapy, gastroenterolgy, neurolgy, cardiology, podiatry, inpatient dialysis, gynecological services. and

Orthopedics, sports medicine, internal medicine, family practice, and ophthalmology, among other specialty practices are also provided through SMH.

Signifying our commitment to rendering the best care to the patients we serve. SMH is fully accredited by the Joint Commission for the hospital, LTC/SNF, and Lab. Radiology is accredited by the American College of Radiology (ACR) for ultrasound (breast, general, and vascular) and mammography (ACR and FDA). In addition, the SMH Chest Pain program is accredited by the American College of Cardiology (ACC).

SMH also maintains a 5-star rating with CMS for its LTC/SNF. The U.S. News & World Report named SMH's LTC for Best Nursing Home (2017) and Skilled Care (2019).





# Access to Health Care Profile

This Access to Health Profile provides health service data gathered from multiple publicly available data resources.

#### **Providers**

Access to health care services is a key factor in the health of a community. A major contributing factor in health care accessibility is the burden of care placed on a provider. The following table depicts the ratio of provider/residents in the cities of Franklin and Suffolk and the counties of Isle of Wight and Southampton. The ratios for the state are also given for comparison. This data table highlights a disparity in provider to resident ratios between the three cities and across provider types<sup>1</sup>.

	Franklin (City)	Southampton Coutny	Isle of Wight County	Suffolk	Virginia
Primary Care (per 100,000 population (2017)	820:1	4,440:1	2,150:1	1.100:1	1,350:1
Dentist 100,000 population (2018)	1.340:1	8,790:1	3,700:1	2,280:1	1,460:1
Mental Health (per 100,000 population (2019)	620:1	0.0:1	3,700:1	1,010:1	570:1

# Health Professional Shortage Area/Medically Underserved Area

The U.S. Health Resources and Services Administration (HRSA) defines a Health Professional Shortage Area (HPSA) designation as one that identifies a geographic area, population group or facility as having a shortage of primary care physicians. As of 2019, Franklin and Southampton County were designated by HPSA for primary care, dental and mental health shortages.

HRSA designates geographic areas or defined populations as "medically underserved" based on the presence of health and socioeconomic risks in addition to provider shortages. The criteria for designation include too few primary care providers, high infant mortality, high poverty, and/or high elderly population rates.<sup>2</sup>

# **Demographics Data Profile**

The health of a community is largely connected to the demographics and social aspects of its residents, which can be a useful indicator of health concerns. Demographic studies of a population are based on factors such as age, race, sex, economic status, education levels, and employment rates, among others. The physical environment in which individuals live, learn, work, play, and grow old also has a great impact on their health and quality of life. These cultural and environmental conditions are also known as "Social Determinants of Health".

<sup>&</sup>lt;sup>1</sup>http://www.countyhealthrankings.org

<sup>&</sup>lt;sup>2</sup> http://hrsa.gov/shortage/index.html

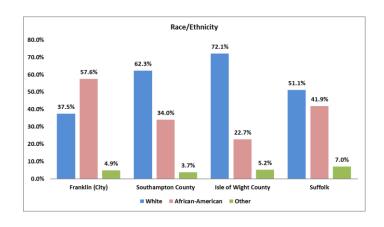


A summary of the demographics data for the Southampton Memorial Hospital service area is found in this section of the CHNA. Except where noted, data in the demographics section can be accessed at http://www.countyhealthrankings.org.

## **Population**

It has been well established that race and ethnicity are key factors in health disparities. For example, life expectancy, death rates and infant mortality rates are favorable all less among African American populations as compared to other ethnic populations. In 2009, African Americans in the United States had the highest mortality rates from heart disease and stroke as compared to any other ethnic group. Additionally, infants born to African Americans have the highest infant mortality rates, more than twice the rate for Whites in 2008. While certain health indicators such as life expectancy and infant mortality have been slowly improving, many minority race groups experience a disproportionately still greater burden of preventable disease, death, and disability.3

 The SMH community is predominantly White with a large African American population. Compared with Virginia as a whole, the SMH community has a higher percentage of White population and a significantly greater percentage of Africans Americans.



 There are lower percentages of Hispanics and Asians in the SMH community compared to Virginia.

Older adults are at higher risk for developing chronic illnesses such as Diabetes Mellitus, Arthritis, Congestive Heart Failure and Dementia, and this proves to be a burden on the health care system. The first of the "baby boomer generation" (adults born between 1946 and 1964) turned 65 in 2011 and has resulted in an aging population nationwide. It is estimated that by the year 2030, 37 million older adults nationwide will be managing at least one chronic condition. Chronic conditions contribute to the leading causes of death among older adults. Additionally, older adults often experience higher rates of hospitalizations and low-quality care.4

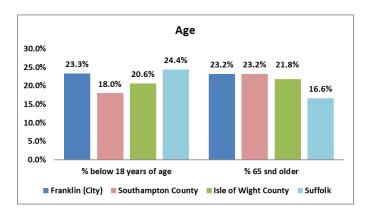
The chart on the next pages shows SMH community age population is comprised of younger adults (age 17 and younger)

<sup>&</sup>lt;sup>3</sup> MinorityHealth.hhs.gov, HHS Disparities Action Plan

<sup>&</sup>lt;sup>4</sup> www.healthypeople.gov/topicsobjectives/topic/older-adults



is slightly lower than the rest of Virginia while having a slightly older population (age 65 and older) than the rest of Virginia.

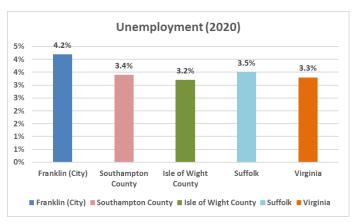


The Weldon Cooper Center for Public Service estimates that the community's older population will steadily increase through 2040 to over 76,000 people, while the population growth rate of <19 and 20-64 year olds will decrease below that of the older population.<sup>5</sup> These data are reflective of the "baby boomer generation" moving into older adulthood nationwide.

## **Unemployment/Median Income**

An association exists between unemployment and mortality rates, especially for causes of deaths that are attributable to high stress (cardiovascular diseases, mental and behavioral

disorders, suicide, and alcohol and tobacco consumption related illnesses).<sup>6</sup> The following tables illustrate the data for unemployment and median income for the SMH community.



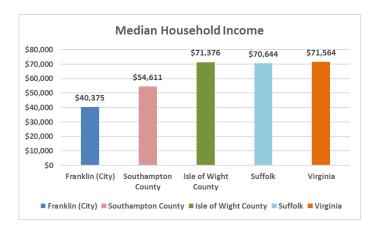
SMH The community overall experiences slightly higher levels of unemployment than Virginia, with Franklin highest having the unemployment in the community. Unemployment in the SMH community has decreased since 2017. The median household income for SMH overall is slightly lower than Virginia.

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http://www.coopercenter.org/demographics/virginia-population-projections

<sup>&</sup>lt;sup>6</sup> Backhans and Hemmingsson, 2011, Lundin et al., 2014, Garcy and Vagero, 2012, Browning and Heinesen, 2012, Montgomery et al., 2013, Davalos et al., 2012, Deb et al., 2011 and Strully, 2009.





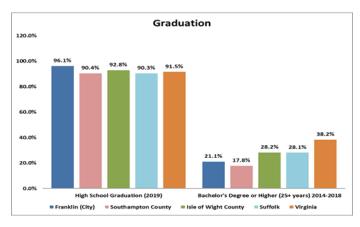
- The median income in Franklin and Southampton County are significantly lower than the state average for the reporting period of 2014-2108. The income median household for reporting period in Franklin and Southampton County increased slightly since the 2010-2014 reporting period.
- The median household income for Isle of Wight County and Suffolk are statistically equal to that of Virginia.
   Median incomes for the reporting period of 2014-2018 for Isle of Wight County and Suffolk are slightly higher than the 2010-2014 reporting period.

# **High School Graduation**

A direct correlation exists between low levels of education and high poverty rates. High poverty rates in turn have an adverse effect on a community's health outcomes.

 High school graduation rates for the SMH community are statistically equal to Virginia's for the 2019 reporting period. With the exception of Suffolk which is slightly lower, the rates are statistically equal to the 2017 reporting period.

 The percentage of residents with a bachelor's degree or higher is lower than Virginia's percentage; however, the percentage is higher for the 2014-2018 reporting period than the reporting period of 2010-2014.



# **Uninsured Population**

Research shows that high rates of health insurance coverage positively impact a community's overall health status. Access to health care services improves quality of life, school and work productivity and overall rates.<sup>7</sup>

 Overall percentages of uninsured adults and children in the SMH community and Virginia are statistically comparable and have slightly decreased since the 2014.

<sup>&</sup>lt;sup>7</sup> www.healthypeople.gov, Access to Health Services



# **Healthy Lifestyles**

Consumption of unhealthy foods, lack of exercise opportunities and other negative healthy cultures, has an adverse impact on a community. Increased access to exercise opportunities and healthy foods is a critical prevention strategy to alleviate this economic burden.<sup>8</sup>

Low levels of physical activity are correlated with several disease conditions such as obesity, Type 2 Diabetes, cancer, stroke, hypertension, cardiovascular disease, and premature mortality. The following table provides food and physical activity data for the SMH community.<sup>9</sup>

The Food Environment index for the SMH community is slightly better than the data reported for Virginia. Franklin's Food Insecurity Index is significantly worse than Virginia.

Measure and Definition of Measure	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Food Environment Index (2020) Factors that contribute to a healthy food environment, 0 (worst) to 10 (best)	4.4%	7.1%	8.6%	7.7%	8.9%
Food Insecurity (2017) Percentage of population who lack adequate access to food	20.2%	12.9%	10.3%	13.4%	10.2%
Physical Inactivity (2016) Percentage of adults aged 20 and over reporting no leis ure-time physical activity HP2020 Goal – 32.6%	27.0%	34.0%	28.0%	27.0%	23.0%
Access to exercise (2020) Percentage of population with adequate access to locations for physical activity	45.3%	31.0%	71.0%	76.2%	82.4%

The index shows that food insecurity in Southampton County and Suffolk are

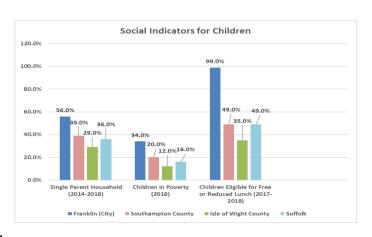
slightly worse than Virginia, while Isle of Wight is on par with the state percentage.

Physical Inactivity percentages for the SMH community are higher than Virginia. Southampton County has the highest percentage of physical inactivity within the SMH community.

While all areas of the SMH community ranked lower than Virginia in access to exercise, Southampton County ranked the lowest (31%), followed by Franklin. While still lower than Virginia, Suffolk has the most access to exercise opportunities in the SMH service area.

# Social Indicators of Health Related to Children

To understand the health needs and attitudes towards health in a community it is imperative to study the social indicators of health related to children. The table on the next page provides risk factor data specific to children (<18 years old) in the SMH community for the reporting period of 2014-2018.



<sup>&</sup>lt;sup>8</sup> www.stateofobesity.org/healthcare-costs-obesity



- The percentage of children in single parent households within the SMH community overall (40.0%) is above the Virginia percentage (30.0%) with Franklin significantly higher at 56.0%. The percentage for the SMH community has slightly increase since the 2010-2014 reporting period.
- The percentage of children living in poverty in the SMH community (20.5%) is higher than Virginia's percentage of 14.0%. Isle of Wight County is the only locality with a lower percentage (12.0%) than Virginia.
- With Franklin having a higher unemployment rate and considerably lower annual median income, there is a direct correlation with Franklin having a significantly higher percentage (99%) of children eligible for free or reduced lunch and the rest of the SMH community compared to Virginia (44.0%).
- Isle of Wight County is the only locality in the SMH community with a lower percentage of children eligible for free or reduced lunch (35.0%) than Virginia.

# Health Conditions and Disease Data Profile

The Health Conditions and Disease Data Profile for SMH community can be found in this section of the CHNA. This data provides a quantitative profile of the community based on a wide array of community health indicators, compiling

analyzing data from multiple and sources. This CHNA focuses on health indicators for which data sources were readily available and whenever possible provides comparison to the Commonwealth of Virginia overall. Additional health behaviors and social determinants of health have been identified, as well as data around children and teens, as key contributors to the overall health of a community.

## **KEY FINDINGS**

In this section, we will highlight the top five health concerns and services that need improvement raised by health indicators as well as by the Community Health Needs Survey (Survey). This analysis is listed in order of priority based on Survey results as perceived by the responders. Support for this data can be found at <a href="http://www.ghrconnects.org">http://www.ghrconnects.org</a> unless otherwise noted.

## **Alcohol/Substance Abuse**

In November 2016, Virginia State Health Commissioner, Dr. Marissa Levine, declared a Public Health Emergency for Virginia as a result of the opioid addiction epidemic in an effort to lower the death rate and prevent deaths from opioid addiction.

The following table shows the death rates for drug overdose, Fentanyl/Heroin overdose, and prescription drug



overdose death rate for the SMH community.

	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Drug Poisoning Deaths (per 100,000) 2016-2018	no data	no data	20.0	10.3	17.2
Death Rate due to Fentanyl/Heroin Overdose (per 100,000) 2018	0.0	11.4	5.4	6.6	9.5
Death Rate due to Prescripton Opioid Overdose (per 100,000) 2017	0.0	11.1	8.2	3.4	5.9
EMS Narcan Administration (per 100,000) 2017	84.3	55.4	38.3	57.1	53.9

- Drug overdose deaths have increased in Isle of Wight County and Suffolk since the last reporting period of 2014-2016. The rate for Suffolk has decreased. There was no data recorded for Franklin and Southampton County.
- In 2018, the death rate due to Fentanyl/Heroin in the SMH service area decreased since 2016. Franklin experienced the greatest drop from 24.5% to 0.0%.
- Prescription opioid related deaths in the SMH service area as a whole are slightly lower than Virginia. While Southampton and Isle of Wight counties showed the greatest increase since 2017, Isle of Wight County and Suffolk slightly decreased in number of deaths from prescription opioid related deaths.
- Although Narcan adminstration by emergency medical services decreased in the SMH service area since 2017, it significantly increased

in Franklin and slightly increased in Southampton County.

The following table illustrates the percentage for excessive drinking, binge drinking, and alcohol-impaired driving.

	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Excessive Drinking (2017)	13.8%	15.7%	18.1%	17.0%	17.4%
Alcohol-Impaired Driving Deaths (2014-2018)	0.0%	47.6%	36.4%	17.5%	30.2%

- The percentage for excessive drinking in the SMH community overall is slightly lower than Virginia; however, it is slightly higher than in 2015. Although all areas have increased percentages, Isle of Wight County is the only area with a higher rate than Virginia.
- The percentage of alcohol-impaired driving deaths in the SMH community is lower than Virginia for report period 2014-2108. Althouth percentages for Southampton County, Isle of Wight County, and Suffolk increased since the 2010-2014 reporting period, Franklin's decreased from 100.0% to 0.0%.

The following table shows latest data around alcohol and tobacco use by teens in the SMH community. There is no previous data to compare.



	Franklin (City)	Southampton County	Isle of Wight	Suffolk	Virginia
Teens who Use Alcohol (2013)	25.0%	29.0%	31.0%	27.0%	30.0%
Teens who Use Tobacco (2013)	16.0%	20.0%	21.0%	18.0%	20.0%

- The percentage of teens who use alcohol in the SMH community (28.0%) is lower than Virginia.
- The percentage of teen who use tobacco in the SMH community is also lower than Virginia.

Even though the SMH community ranks lower than Virginia for excessive drinking, survey participants ranked Alcohol/Substance Abuse as a top five health concern.

#### **Behavioral/Mental Health**

Behavorial/Mental health disorders are health conditions characterized alterations in thinking, mood, and/or behavior that are associated with distress and/or impaired functioning. Behavioral/ Mental health disorders contribute to a number of health problems, including disability, pain and death. Behavioral/ Mental health and physical health are closely connected. Mental illesses, such depression and anxiety, people's ability to participate in healthpromoting behaviors.

According to the National Institute of Mental Health (NIMH), an estimated 46.6 million American adults (approximately 1 in 5) were diagnosed with any mental illness (AMI) in 2017. The prevalence of AMI was higher among women than men. The prevalence of AMI was also highest among adults reporting two or more races, followed by White adults.

Additionally, suicide is the 10<sup>th</sup> leading cause of death (40,000 deaths) in the United States, moving from 11<sup>th</sup> leading cause (30,000 deaths) as reported in 2016.<sup>10</sup> The tables below illustrate data around suicide and mental health.<sup>11</sup>

The suicide mortality rate for the SMH community (14.5 per 100,000) is higher than Virginia's rate (11.8 per 100,000) and has almost doubled since 2015. Franklin's rate is significantly higher than the rest of the community. Isle of Wight County's rate is slightly higher than 2015, while Southampton County and Suffolk rates decreased.

	Franklin (City)	Southampto n County	Isle of Wight County	Suffolk	Virginia
Suicide Mortality Rate (per 100,000) 2017	25.2	7.3	16.4	9.2	11.8
Hospitalization Rate due to Mental Health (per 10,000) 2016-2018	87.2	31.9	45.8	60.8	53.3

 The SMH community rate of hospitalizations due to mental health decreased slightly from the 2015-2017 reporting period. Franklin's rate continues to be significantly higher than the rest of the SMH community and Virginia.

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<sup>10</sup> www.nimh.mih.gov/health



 The SMH community continues to have a statistically equivalent rate of average number of poor mental health days with Virginia; however, the number has increased throughout the community since 2015.

	Franklin (City)	Southampto n County	Isle of Wight County	Suffolk	Virginia
Average Number of Poor Mental Health Days (2017)	4.3	3.9	3.8	3.8	3.8
Frequent Mental Distress (2017)	13.8%	12.2%	11.3%	11.6%	11.0%
Depression: Medicare Population (2017)	12.2%	14.6%	14.4%	15.0%	16.6%

- The percentage of the SMH community residents who report frequent mental distress has increased since 2015.
- The percentage of Medicare population diagnosed with depression slightly increased in the SMH community since 2015.

	Franklin (City)	Southampton County	Isle of Wight	Suffolk	Virginia
Teens who Felt Sad or Hopeless (2013)	25.0%	24.0%	24.0%	25.0%	25.0%
Hospitalization Rate due to Pediatric Mental Health (per 10,000) 2016-2018	45.1	19.5	24.4	39.0	32.1
Hospitalzation Rate due to Adolescent (10-17) Suicide and Intentional self- Inflicted Injury per 10,000 (2016-2018)	74.8	34.8	27.3	53.0	40.9

- The percentage of SMH community teens who felt sad or hopeless is statistically equal to that of Virginia.
   There is no data available to compare with a previous reporting period.
- The rate of hospitalization due to pediatric mental health (32.0 per

- 10,000) increased since the previous reporting period of 2014-2015 (26.8 per 10,000); however, it is statistically equal to that of Virginia.
- The SMH community hospitalization rate due to adolescent suicide and intentional self-inflicted injury (47.5 per 10,000) is significately higher than the the previous reporting period of 2014-2015 (30.8 per 10,000). The rates for Franklin and Southampton County increased since the 2014-2015 reporting period, while Isle of Wight and Suffolk rates slightly decreased.

Behavioral/Mental Health was rated in the top five health concerns by Survey participants. Behavioral/Mental Health Services was also rated in the top five Services that Needs Strengthening.

# **Chronic Disease in the Aging Population**

The percentage of obese adults is an indicator of the overall health of a community. Obesity increases the risk of many diseases and health conditions, including diabetes. Obesity is a measure defined as the percentage of adults aged 20 and older who have a body mass index (BMI) equal to or greater than 30.

The following table illustrates the percentage of SMH community adults who are obese and who maintain a sedentary lifestyle in relation to Virginia.



	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Adults who are Obese (2016)	49.0%	45.0%	38.0%	32.0%	30.0%
Adults who are Sedentary (2016)	26.6%	32.3%	26.8%	28.3%	21.6%

- The obesity percentage for the SMH community overall has increased since 2015. The percentages for Franklin, Southampton County, and Isle of Wight increased while the percentage for Suffolk remained the same since 2015.
- The percentage of adults who report being sedentary slightly increased since 2015. While Franklin's percentage remained consistent, the percentage for rest of the SMH community increased.

Diabetes is a leading cause of death in the United States. Diabetes can have a harmful effect on most of the organs in the human body and can cause renal failure, lower-extremity amputation, and blindness among adults. It can also cause stroke and neuropathy. The table below shows data around diabetes rates, mortality, and hospitalization.

	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Adults with Diabetes (20 years +) 2016	11.5%	13.8%	9.7%	12.6%	9.6%
Diabetes Mortality Rate (per 100,000) 2017	61.3	19.2	29.5	33.2	17.2
Hospitalization Rate due to Diabetes Adults (per 10,000) 2016-2018	46.6	18.9	20.3	23.0	18.3

 The percentage of adults with diabetes in the SMH community (14.3%) is higher compared to

- Virginia (9.6%). The percentages for Franklin and Isle of Wight slightly decreased since 2014; however, the Southampton County and Suffolk experience an increase in the same time period.
- Diabetes mortality rates for the SMH community (35.8) are significantly higher than Virginia (17.2). Franklin and Isle of Wight's rates almost doubled while Suffolk's rate more than doubled since 2015. Southampton County's rate increased slightly in the same time period.
- Hospitalization rates due to diabetes in the SMH community (27.2) are higher than Virginia (18.3). Since the 2014-2016 reporting period, Franklin's hospitalization rate due to diabetes decreased while the rates in the rest of the SMH community increased.
- Diabetes in the SMH community's Medicare population increased between 2015 (30.5%) and 2017 (32.1%). It is also higher than Virginia's percentage of 27.8%. With the exception of Suffolk, which had a decrease, the percentage for the rest of the SMH increased during the same time period.

Diabetes, along with Overweight/Obesity was rated in the top five as a major health issue survey respondents. It was also in the top five as a Service that needs Strengthening (Chronic Disease Services subcategory).



### **Heart Conditions**

Heart Disease is the leading cause of death in the United States and globally. In 2013, nearly 801,000 deaths in the United States resulted in heart disease, other cardiovascular stroke and diseases. One out our every three deaths in the United States in 2013 could be attributed to these causes. 12 Stroke is the second leading cause of death globally, and the third leading cause of death in the United States. Stroke is also a leading cause of disability in the United States.

The leading modifiable (controllable) risk factors for heart disease and stroke are high blood pressure, high cholesterol, cigarette smoking, diabetes, poor diet, physical inactivity, and overweight /obesity.

The following table displays Stroke and Heart Disease Mortality for the SMH community and Virginia.

	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Stroke Mortality Rate (per 100,000) 2017	52.4	32.5	39.9	36.3	31.8
Heart Disease Mortality Rate (per 100,000) 2017	242.1	182.6	131.1	166.0	133.1

 The overall SMH community stroke mortality rate (40.3 per 100,000) is significantly higher than Virginia's rate; however, the overall rate has improved since 2015. The rate for Southampton County slightly

- increased. The rates for the rest of the SMH community decreased and Franklin's rate decreased by more than half in the same period.
- The overall SMH community heart disease mortality rates are also higher than Virginia's rate and have increased since 2015. Heart disease rates in Franklin and Southampton County have increased significantly since 2015. Rates for Isle of Wight County and Suffolk improved in the same time period.

Survey responders identified heart conditions in the top five as a health concern. Heart conditions was also included in the top five services that needs strengthening as a subset of Chronic Disease services...

## **Smoking/Tobacco Use**

Tobacco use is the agent most responsible for avoidable illness and death in America. Almost half a million Americans die prematurely due to tobacco use. Exposure to secondhand smoke for non-smokers can cause a wide range of adverse health effects such as cancer, respiratory infections, and asthma.

	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
Hospitalization Rate due to Adult Asthma (per 10,000) 2016-2018	12.4	2.5	2.3	4.7	3.7
Adults who Smoke (2017)	19.7%	17.1%	15.2%	19.9%	16.4%

<sup>12</sup> www.heart.org/idc/groups/ahamah-public



 The percentage of adult smokers in the SMH community has remained statistically steady since 2015; however, is higher than Virginia (16.4%).

Asthma is a result of inflamed air passages which cause difficulty with breathing. It is one of the most common diseases of children and millions of adults in America. Exposure to cigarette smoke, among other allergens, can cause asthma.

The percentage of people hospitalized due to asthma in the SMH community improved between 2014 (7.9%) and 2018 (5.5%); however, is greater than Virginia. Percentages in Southampton (2.5%) and Isle of Wight (2.3%) counties are lower than Virginia. Suffolk's percentage (4.7%) is slightly higher than Virginia. Franklin's percentage (12.4) is over three times higher than Virignia.

Chronic obstructive pulmonary disease (COPD) refers to a group of diseases that cause breathing problems. The primary cause of COPD is tobacco use.

	Franklin (City)	Southampton County	Isle of Wight County	Suffolk	Virginia
COPD: Medicare Population (2017)	12.2%	14.0%	10.5%	11.5%	10.7%
Asthma: Medicare Population (2017)	5.2%	4.7%	5.4%	5.8%	5.4%

- The percentage of Medicare population with COPD in the SMH community (12.1%) increased slightly 2015 (11.3%).Although since Franklin and Southampton County percentages are higher than Virginia for the current reporting period, they lower than in 2015. percentage for Isle of Wight County and Suffolk increased.
- The percentage of Medicare population in the SMH community (5.3%) diagnosed with asthma decreased since 2015. All areas showed improvement.

Tobacco use is the greatest risk factor for lung cancer. Lung cancer mortality rates for Franklin, Southampton County, and Suffolk are higher than Virginia's rate of 42.2 per 100,000.

Lung Cancer Mortality (rate per 100,000)							
2009-2013 2010-2014 2011-2015 2012-2016							
Franklin (City)	47.6	48.5	39.7	47.7			
Southampton County	<b>Southampton County</b> 47.6 45.5 44.2 49						
<b>Isle of Wight County</b> 47.6 44.0 38.6 37.1							
Suffolk	48.2	47.3	43.2	40.7			

Smoking/Tobacco Use was listed in the Survey top five health concerns. It was not included in the top five services that need strengthening.

# **Other Key Findings**

This section provides an overview of other key findings and perceptions of health within the SMH community, which includes the cities of Franklin and Suffolk



and the counties of Southampton and Isle of Wight. It combines and compares data from the Community Health Needs Assessment with an analysis of secondary data. Unless otherwise noted, data in this section may be accessed at <a href="http://www.ghrconnects.org">http://www.ghrconnects.org</a>.

#### Cancer

Cancer has been identified as the second greatest cause of death nationwide, with Heart Disease being number one. The following tables show the data for colorectal, lung, prostate, and breast cancer for the SMH community.

#### Colorectal Cancer

Colorectal Cancer Mortality (rate per 100,000)						
2009-2013   2010-2014   2011-2015   2012-2016						
Franklin (City)	no data	no data	no data	no data		
Southampton County	23.7	22.4	18.2	19.6		
Isle of Wight County	16.2	15.1	13.0	13.5		
Suffolk	20.6	20.3	18.6	19.3		

Colorectal cancer mortality rates in the SMH community overall (17.5 per 100,000) increased slightly from 16.6 in the 2011-2015 reporting period after decreasing from 19.3 the previous reporting period of 2010-2014. There was no data reported for Franklin in either County Health Rankings or GHRConnects.

# Lung Cancer

Lung cancer rates were presented in the previous section. Lung cancer is the second most commonly diagnosed cancer (excluding nonmelanoma skin cancer) and the leading cause of cancer death among both men and women in the United States. Cigarette smoking is the strongest risk factor for lung cancer. <sup>13</sup> Lung cancer mortality rates for the SMH community overall (43.6 per 100,000) have increased since the previous reporting period (41.5 per 100,000) after a decrease from 46.3 per 100,000 in reporting period 2010-2014.

#### Prostate Cancer

The strongest risk factors for developing Prostate cancer are age, race/ethnicity, and family history. 14 Prostate cancer the is most diagnosed commonly cancer (excluding non-melanoma skin cancer) and the second leading cause of cancer death among men in the United States.

Prostate Cancer Mortality (rate per 100,000)							
	2009-2013 2010-2014 2011-2015 2012-2016						
Franklin (City)	no data	no data	no data	no data			
Southampton County	Southampton County						
Isle of Wight County	31.4	27.6	25.2	21.9			
Suffolk	38.2	40.9	37.5	35.5			

The most recent data for prostate cancer in Southampton County (39.4 per 100,000) is from the 2006-2010 reporting period. It is significantly higher than Virginia for the same reporting period (42.4 per 100,000) and ranked in the worst 25% United

<sup>13</sup> www.cancercoalitionofvirginia.org

<sup>&</sup>lt;sup>14</sup> www.cancercoalitionofvirginia.org



States counties. However, it is a decrease (44.8 per 100,000) from the 2005-2009 reporting period. Isle of Wight County's mortality rates is lower than Virginia's rate of 24.7 per 100,000, while Suffolk's rate is higher. There is no data for Franklin.

## • Breast Cancer

Breast cancer is the most commonly diagnosed cancer (excluding non-melanoma skin cancer) and the leading cause of cancer death among women in the United States.

Breast Cancer Mortality (rate per 100,000)							
	2009-2013 2010-2014 2011-2015 2012-2016						
Franklin (City)	46.5	48.2	52.3	50.2			
Southampton County	outhampton County 39.4 33.6 25.8 24.2						
Isle of Wight County 32.3 33.3 26.4 19.9							
Suffolk	26.8	27.7	27.0	26.8			

Breast cancer mortality rates for the SMH community (30.3 per 100,000) are above the Virginia rate of 21.4 per 100,000; however, the overall community rate continues to improve from the previous reporting periods. Although decreased from the 2011-2015 reporting period, Franklin's rate is more than double that of Virginia.

Cancer was rated was in the top ten health issue identified by Survey participants. It was not included in services that need strengthening.

#### Alzheimer's Disease/Dementia

Dementia is not a specific disease but is an umbrella term for a group of symptoms describing a decline in mental abilities. Alzheimer's disease is a brain disease that increases over time and is the most common form of dementia. According to the Alzheimer's Association, Alzheimer's is the 6<sup>th</sup> leading cause of death in the United States and every 65 seconds someone develops the disease.<sup>15</sup>

The percentage Medicare of the population diagnosed with Alzheimer's disease or Dementia in the SMH community (10.5%) in 2017 have slightly increased from the 2015 reporting period of 9.4%. Franklin (11.5%), Southampton County (10.5%) and Isle of Wight County (9.6%) experienced a slight increase since 2015, while Suffolk (10.3%) remained statistically steady. With the exception of Isle of Wight County, the SMH community has higher rates than Virginia (10.2%).

Survey participants rated Aging Services and Behavioral/Mental Health in the top five services that need strengthening.

## **Violence in the Community**

Violent crimes are defined as physical offenses and confrontations between individuals, including homicide, forcible rape, robbery, and aggravated assault. High levels of violent crime result in feelings of being unsafe and may deter people from engaging in healthy behaviors such as exercising outdoors.

1

<sup>15</sup> www.alz.org



Violent crime rates in the SMH community (214.1 per 100,000) decreased for the 2014-2016 reporting period from 2012-2014 reporting period of 241.0 per 100,000.16 Violent crime rates for Franklin (310.4 per 100,000) and Suffolk (276.5 per 100,000) are significantly higher than Virginia's rate of 207.0 per 100,000, while the rates for Southampton County (125.2 per 100,000) and Isle of Wight County (144.3 per 100,000) are lower. In addition, violent crime rates in Franklin and Southampton County have increased since the previous reporting period, while the rates for Suffolk decreased and Isle of Wight remained statistically steady.

Survey respondents include Violence in the Community in the top ten health concerns.

#### **Access to Health Services**

Survey participants were asked to select the top five barriers to accessing health services from a list eleven options. The number one barrier identified by key stakeholders and the community was costs. The list of barriers to in order of priority is below.

- Costs
- Time Off from Work
- Transportation
- Health Insurance
- Understandingthe Use of Services
- Childcare
- No/Limited Home Support Network

# **Community Assets that Need Strengthening**

There are many things that impact health outstide of the direct provision of healthcare. Survey participants were asked to select the top five community assets they felt need to be strengthened in their community. The list of selected by Survey participants is below:

- Affordable Childcare
- Affordable Housing
- Employment Opportunity / Workforce Development
- Healthy Food Access
- Homelessness
- Neighborhood Safety
- Senior Services
- Social & Community Networks
- Social Services
- Transportation

# **Identifying Needs**

This report has highlighted health issues and services that are being effectively addressed by the SMH community, as well as health issues that may need additional focus in the future.

Both the Survey and secondary data analysis identify important areas to consider prioritizing in the community health improvement planning process. The community and environmental factors highlighted by the community as concerns are important issues that should be considered when planning

<sup>16</sup> www.countyhealthrankings.com



initiatives or programs to address any of the key health issues.

## **Community Dialogues**

A total of 12 focus group meetings called Community Dialogues were held in the Hampton Roads region in which 300 individuals participated. The purpose of the meetings was to elicit feedback from community members about publicly available health data describing health conditions in the service area and to review the online survey results to further explore the findings. The list of Community Dialogues and attendance is in Appendix II.

The meetings began with community participating members in a matrix exercise in which they selected the three most important of the top ten health identified the concerns in Survey. Following matrix exercise. the presentation explaining the CHNA process was shown. For sessions with larger numbers in attendance. participants were then divided into groups to discuss the top concerns identified in the matrix exercise. Smaller sessions were discussed as a single group. Breakout session facilitators lead the discussions with the following questions: Why are these issues? What is causing the issues? What can be done to address the issues? Comments were written down by a staff member or volunteer.

# Prioritization Process Method for Prioritization

SMH Medical Center's senior leadership team met to review primary and secondary data gathered through the CHNA process (community meetings, community and kev stakeholder surveys, and meetings with regional health systems departments). health The team evaluated each of the top health concerns and services that need strengthening identified, the hospital's strategic goals, services currently provided, and available hospital resources. After narrowing the health concerns to the top five identified by the community and kev both stakeholders. the team then determined the areas in which they could have the greatest impact.

Based on the above information and processes, SMH will focus the CHNA Implementation Strategy on Heart Conditions and Chronic Disease in Aging Adults through clinical initiatives and partnering with medical providers and community groups to increase awareness.

Heart Conditions will be addressed through community education and clinical initiatives. Chronic Disease in the Aging Population will include clinical interventions and around diabetes and obesity/overweight community education.



Although SMH recognizes the importance of all the health concerns identified by community through the Survey and Community Dialogues. are limited within resources the organization to prioritize all the needs. There are other providers and organizations addressing these needs with specialized programs and services. SMH is prepared to collaborate/assist with these efforts beyond the current set of services we provide.

<u>Progress on 2016 – 2019 CHNA</u> <u>Identified Priorities</u>

The hospital merged with Bon Secours Mercy Health, Inc. as of January 1, 2020. Prior to the merger, Southampton Memorial Hospital was a for-profit hospital. As such, it was not required to complete a CHNA. In order to align all hospital year-ends within Bon Secours Mercy Health, Inc., this CHNA and its implementation strategy will be approved by the Board of Directors and in place by January 15, 2021.

# Services & Resources Available to Meet Identified Needs

Although SMH recognizes the importance of all the needs identified by the community, resources are limited within the organization to prioritize all of the needs. There are other providers and organizations addressing these needs with specialized programs and services.

SMH is prepared to collaborate/assist with these efforts beyond the current set of services we provide.

The list below provides names of some resources in the area than can help meet the identified needs of the community:

### Alcohol/Substance Abuse

- Bon Secours Maryview Medical Center
- Children's Hospital of the King's Daughters
- Veterans Administration Medical Center
- Virginia Department of Health
- Western Tidewater Free Clinic

#### **Behavioral/Mental Health**

- Bon Secours Maryview Medical Center
- Catholic Charities of Eastern Virginia
- Children's Hospital of the King's Daughters
- Response–Sexual Abuse Support Services
- Veterans Administration Medical Center
- Virginia Department of Health
- Western Tidewater Community Services Board

## Diabetes/Overweigh/Obesity - Adult

- American Diabetes Association
- Children's Hospital of the King's Daughters
- Veterans Administration Medical Center



- Virginia Department of Health
- Western Tidewater Free Clinic

#### **Heart Conditions**

- Bon Secours Maryview Medical Center
- American Heart Association
- Veterans Administration Medical Center
- Virginia Department of Health
- Western Tidewater Free Clinic

- Bon Secours Maryview Medical Center
- Children's Hospital of the King's Daughters
- Veterans Administration Medical Center
- Virginia Department of Health
- Western Tidewater Free Clinic

# **Smoking/Tobacco Use**

American Cancer Society

For a list of additional resources available to meet the identified needs of the community, please review the Virginia Department of Health's Community Services Resource Guide at <a href="https://www.vdh.virginia.gov/LHD/westerntidewater/links.html">https://www.vdh.virginia.gov/LHD/westerntidewater/links.html</a>.

The Bon Secours SMH Medical Center 2021 – 2022 Community Health Needs Assessment was approved by the Bon Secours Hampton Roads Board of Directors on September 22, 2020.

For further information or to obtain a hard copy of this Community Health Needs Assessment (CHNA), please contact:

Bon Secours Hampton Roads Community Health at <a href="http://bshr.com">http://bshr.com</a>



# **APPENDIX**



#### **APPENDIX I**

# Community Health Needs Assessment Survey - Key Stakeholders

The list on the following pages includes the organizations that were invited to complete the Bon Secours SMH Medical Center Community Health Needs Assessment Survey between October 23 and December 12, 2018. Representatives from some of these organizations also provided input during facilitated community discussions (Community Dialogues).

Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Access Partnership		Survey invitation to identify top health concerns and services that need strengthening	
American Cancer Society	Chronic Illness Support	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
American Diabetes Association	Chronic Illness Support	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
American Heart Association	Chronic Illness Support	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
American Red Cross	Disaster Relief	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Beach Grove United Methodist Church	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Birdsong Peanuts	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Bon Secours Hampton Roads Board of Directors	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Buy Fresh Buy Local Hampton Roads	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Catholic Charites of Eastern Virginia	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Center for Child & Family Services	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Champions for Children (PCAHR)	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
Children's Hospital of The King's Daughters	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
City of Suffolk	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Compassionate Care Hospice	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Consortium for Infant and Child Health (CINCH)/EVMS	Information	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
Early Childhood Commission – Suffolk	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
Eastern Virginia Medical School	Medical/Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Family & Youth Foundations Counseling Services	Counseling	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Friends of Obici	Community	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Healthy People Healthy Suffolk	Community	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Hubbard Peanuts	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Isle of Wight Board of Supervisors	Government	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Isle of Wight Academy	Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
Isle of Wight – Smithfield Chamber of Commerce	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Isle of Wight Citizens Association	Community	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Isle of Wight County Schools	Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
JenCare Senior Medical Center	Seniors	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, seniors
Lancaster Farms	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Main Street United Methodist Church	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Mount Suffolk Church	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Nansemond River Baptist Church	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Obici Healthcare Foundation	Community Foundation	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Old Dominion University	Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Olde Towne Medical & Dental Center	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Paul D. Camp Community College	Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, adults, seniors
Peninsula Health District	Government/Health	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Perdue Foods	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Planters/Kraft Foods Co	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Riverside Health System	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Senior Services of Southeastern Virginia	Community	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, seniors
Sentara Healthcare	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Sentara Obici Hospital	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Smithfield Foods	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Southampton Department of Social Services	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Suffolk Christian Church	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Suffolk Department of Social Services	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Suffolk Iron Works Ince	Business	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Summit Wellness At The Mount	Mental Health	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Surry Area Free Clinic	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Surry County Office on Youth	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
The Barry Robinson Center	Mental Health	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children
Town of Smithfield	Government	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Town of Windsor	Government	Survey invitation to identify top health concerns and services that need strengthening	Community at large



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented
Urban League of Hampton Roads	Education, Health, Housing	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
VersAbility Resources	Non-Profit	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Virginia Career Works – Greater Peninsula	Education, Workforce Development	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults
Virginia Cooperative Extension	Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Virginia League for Planned Parenthood	Family Planning	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults
Virginia Office of the Attorney General/Hampton roads Opioid Working Group	Substance Abuse Prevention	Survey invitation to identify top health concerns and services that need strengthening	Community at large
Virginia Oral Health Coalition	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors
Virginia Peninsula Foodbank	Community	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors



Organization	Organization Focus	Nature and extent of input	Populations whose interest were represented	
Western Tidewater Community Services Board	Mental Health	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	
Western Tidewater Free Clinic	Medical	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	
Western Tidewater Health District	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	
Wilroy Baptist Church	Faith-based organization	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	
Women, Infant and Children	Education	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults	
YMCA of South Hampton Roads	Community	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	
Youth & Family Services, Suffolk Public Library	Government	Survey invitation to identify top health concerns and services that need strengthening	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	



## **APPENDIX II**

# Peninsula Community Health Collaboration CHNA Community Dialogues

Organization	Populations whose interest were represented	Date/Time	Attendance
Mary Immaculate Hospital SeniorHealth Newport News, VA	Seniors, low-income, racial minorities, ethnic minorities, people with disabilities	Tuesday January 8, 2019	87
DePaul Medical Center SeniorHealth Norfolk, VA	Seniors, low-income, racial minorities, ethnic minorities, people with disabilities	Friday January 18, 2019	34
SMH Medical Center SeniorHealth Portsmouth, VA	Seniors, low-income, racial minorities, ethnic minorities, people with disabilities	Tuesday January 22, 2019	64
Healthy Portsmouth (Key Stakeholders) Portsmouth, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Thursday February 21, 2019	8
Community Conversations – No Wrong Door Norfolk, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Monday February 25, 2019	24
Family Focus English as a Second Language Newport News, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Wednesday February 27, 2019	12
Sentara Princess Anne Patient/Family Advisory Group Virginia Beach, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Thursday February 28, 2019	20
Federation of Civic Leagues Norfolk, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Thursday March 14, 2019	11



Organization	Populations whose interest were represented	Date/Time	Attendance
Green Run Civic League Virginia Beach, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Saturday March 23, 2019	8
Virginia Resource Center Norfolk/Virginia Beach, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, adults, seniors	Wednesday March 27, 2019	11
Peninsula Department of Health (Key Stakeholders) Newport News, VA	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Monday April 1, 2019	4
Western Tidewater Diabetes Coalition	Low-income, racial minorities, ethnic minorities, people with disabilities, children, adults, seniors	Conducted by Sentara Obici Hospital – date unknown	Estimate 14 - 25



#### **APPENDIX III**

# Bon Secours SMH Hospital CHNA Community Health Survey Verbatim Comments

### **Community Health Concerns for Adults (18 years of age and older)**

- I note heart conditions as that is sort of the nail in the coffin as far as functionality.
   But this is the result of obesity, diabetes, poverty, poor medical follow-up, smoking, substance abuse. All of these issues seem to occur singly, or more often in a combination, that results in me seeing people who are unhealthy, disabled, and unable to function in society.
- Balanced diet, availability of healthy, fresh foods across income levels and geographic areas
- How did Women's health and health care disparities not make this list
- I treat only children and do not live in any of the areas I serve and treat
- Oral Health
- Mental health is a growing populations. Yet there's limited organizations that can screen. Barriers such as appointments, transportations comes into play.
- Lack of access to primary, behavioral health and oral health care. Lack of choices for healthy eating and active living
- Lack of understanding of community resources that are already available to patients and are under utilized

# Issues that may affect the ability for Adults to Access to Healthcare

- Lack of providers in Rural areas
- Few providers of services are available in evenings or weekends making it difficult for working parents to take time off.
- These are all important. Understanding use of health services is easily a tie for the others I chose, as is child care...
- Language barrier should be added

# Community Health Services for Adults that Need to be Strengthened

- Transportation is a major issue for the aging population.
- Women's health
- Health promotion and prevention is inherent in all of the categories
- Transportation to physician offices



- Clients are unaware of services available and not educated on the insurance availability and DSS is swamped. grants for organizational who can assist clients and give resources out there
- Transportation is a critical barrier to health care for many of our patients.

### **Community Health Concerns/Issues for Children and Teens (Age 0-17)**

- Education, sex education, preventing teen pregnancy.
- No access to primary care without a long wait and well check first. I'm an urgent care
  doc and we see this all the time on boths sides of the hrbt
- Many things affect children and teens with most connected to parenting skills.
- Barriers for organization having to compete vs. complimenting each organizations. leaving the community without other resources out there.
- · Health promotion should be for children as well.

#### **Community Health Services for Children and Teens that Need to be Strengthened**

- Violence prevention and gun safety education Palliative care services
- Cardiac care.
- Cannot emphasize more strongly the lack of adequate mental health resources for children, especially those with public insurance or no insurance.
- Services can be strengthened but if parents aren't required to access services, it is
  of no help. Social Services is difficult to access, as is behavioral/mental health
  services. There is sufficient access to dental/oral health BUT parents must take
  minors for services.
- Prevention effective prevention strategies will work if put in place correctly and with integrity. Abuse and violence prevention is the key in reducing incidents of domestic violence and abuse.
- Home visiting programs
- Community safety services
- Majority of what I see, parents support due to lack of support in home.
- Transportation remains a barrier to health care for teens.
- Water Safety/Drowning Prevention. Tween/Teen Leadership Programs

# At Risk/Vulnerable Populations who Need Services or Support

I would add to the "transitioning out of incarceration" to those currently incarcerated.
When I see a patient who is going for trial, he states he may or may not be back for
follow-up. They almost never received the medications they need while in jail, and
often return to clinic after their sentence having received next to no care in the
inefficacious jail clinic.



- Add seniors and un or underinsured
- According to data, more people are insured but our organization receives more requests for help now because although they may have coverage, they cannot afford deductibles or monthly copays. Underinsured populations with low incomes or don't understand their benefits call daily for assistance.
- All of the above also have trouble accessing care for their kids so all these fundamentally also impact access for children as a vulnerable population.
- really hard to choose just five. it's a vicious circle and some are not even being address or one has more resources and funding then the other
  - Caregivers (Examples: caring for a spouse with dementia or a child with autism) \*Individuals with Intellectual or Developmental Disabilities
  - Low Income Individuals \*Unemployed Individuals
  - Victims of Human Trafficking, Sexual Violence or Domestic Violence
  - Veterans and Their Families

ALL POINTS BACK TO MENTAL HEALTH. WE GIVE A PRESRENTATION FOR BEATING THE HOLIDAY BLUES, GRIEVING, EDUCATING STAFFS (IN SCHOOLS), FAMILIES HOW TO IDENTIFY SUICIDE IDEATIONS. AGAIN A BARRIER TO GET IN THE SYSTEM.

Wow. I could have chosen several others on this list (i.e., many more than 5)

#### **Community Assets and Services that Need Strengthening**

- When a young family pays for child care, it cancels out a large portion of their income. Rent in a safe neighborhood is out of reach for many. Access to Healthy foods won't work if parents/individuals won't use them. Would like to see SNAP work more like WIC where only healthy foods can be purchased (currently, items like candy, soda, chips and other non-nutritional foods can be obtained with SNAP).
- Community Task Forces that decide on prevention strategies for their communities...
- Safe places to play and walkable/bikeable communities also rank high up there.
- Public Safety is an asset, if we have the community proactive in helping. Educationafter school program and have a alternative for detentions and suspensions
- Health safety net

#### **Other Comments**

 There are a lot of people I see as a specialist who are just utterly lost in the healthcare maze, and who do not know what to do without being explicitly told,



multiple times, and who have no instinct or knowledge on how to advocate for themselves. I try to guide them as I can, but I wish everyone could just have a case manager to push them along. "Did you make an appointment with your PCP? Okay, make an appointment with your PCP. Did they not answer? Okay, call again."

- Thank you for asking. I'd love to help from a public health standpoint if needed.
- Need to identify a way to encourage or reward individuals to live a healthy lifestyle, eat nutritional foods, take responsibility for their health. We can continue to provide and strengthen services but unless an individual assumes some responsibility, it won't make a difference.
- More than 5 in each area really should have been marked....
- The community not only needs the mentioned resources, but needs to be empowered to access them. Often times people are turned off to assistance because someone was rude, or they were met with red tape. Self-advocacy is SO important, and unfortunately is not taught.
- Thank you for the survey and for your collaboration.
- All the social network is great, but if it's not being shared then we're back to where
  we were. We can't help our community if there's gap in our resources and social
  netting.
- There is little vocal effective advocacy for patients ages 19-64.
- Thank you for allowing me the opportunity to share my concerns



# Bon Secours SMH Medical Center Surveys

Welcome to the Community Health Needs Assessment Survey
Thank you in advance for responding to this brief survey as part of the Community Health Needs Assessment being conducted jointly by Bon Secours Hampton Roads, Children's Hospital of The King's Daughters, Riverside Health System, Sentara Healthcare and the Virginia Department of Health.
Your role in the community gives you a unique perspective on the health of our community and the services available. We appreciate you taking a few minutes to answer (only 11 questions), sharing your valuable insight with us.
The results of the survey will help us identify community health priorities, as well as highlight possible opportunities to effect change.

# Understanding Your Perspective - Your Community 1. Please tell us which Virginia cities and / or counties you view as the community you serve. (Check all that apply even if your perspective only includes one part of a city or county.) **Accomack County** Newport News (City of) Charles City County Norfolk (City of) Chesapeake (City of) Northampton County **Essex County** Northumberland County Franklin (City of) Poquoson (City of) **Gloucester County** Portsmouth (City of) Hampton (City of) Richmond County Isle of Wight County Southampton County James City County Suffolk (City of) King and Queen County Surry County King William County Sussex County Lancaster County Virginia Beach (City of) Westmoreland County Mathews County Middlesex County Williamsburg (City of) **New Kent County** York County

nderstanding Your	Perspective - Your Role i	n The Community
2. Please select from complete this surve		mployer or organization you most identify with as you
(Please choose one	e)	
Business Represe	ntative	Healthcare- Public Health / Health Department / Free Clir
	ofit Organization (Food Bank, Unite	d Way, Healthcare - Health Insurance
etc.)  Education (Pre K -	High School, including School	Healthcare - Provider (Physician, Nurse or other Healthcare Professional)
Administrators and		Healthcare - Hospital Affiliation (Board Member, Auxiliary
Education (After H		Volunteer, etc.)
Faith-based Organ		Law Enforcement / Fire Department / Emergency Medica Services (EMS)
Financial Institution	I	Local Government or Civic Organization
Foundation		Other (Please specify below)
Healthcare - Behav	vioral and Mental Health	
your name and pos We are asking for y	our contact information only	nunity organization, please tell us which one, as well as to assure completeness of your survey response. Your ion or public presentation of the survey results without yo
Organization		
My Role / Name		
My Email		

Community Health Concerns and Health Services	s Gaps
Adult Health Concerns (ages 18+)	
We want to better understand the key health issues serve or work. The next two questions are about he adults in the community. We will also ask you simil community in a later section.	ealth concerns and health services gaps for
4. Below is an alphabetical list of community health experience, please check the FIVE most important h	issues that affect ADULTS (ages 18+). Based on your nealth concerns for ADULTS in your community.
Accidents / Injuries (Unintentional)	Hunger
Alcohol/ Substance Use (Prescription or Illegal Drugs	Infectious Diseases (Hepatitis, TB, MRSA, etc.)
including Opioids)	Intellectual / Developmental Disabilities / Autism
Alzheimer's Disease / Dementia  Behavioral / Mental Health (Suicide, ADHD, Anxiety,	Neurological Conditions (Stroke, Seizures, Multiple Sclerosis Traumatic Brain Injury, etc.)
Depression, etc.)	Overweight / Obesity
Bullying (Cyber, Workplace, etc)	Physical Disabilities
Cancer	Prenatal and Pregnancy Care
Chronic Pain	Respiratory Diseases (Asthma, COPD, Emphysema)
Dental / Oral Care  Diabetes	Sexually Transmitted Infections (HPV, HIV/AIDS, Chlamydia, Gonorrhea, Herpes, etc.)
Drowning / Water Safety	Smoking / Tobacco Use (Cigarettes, Chewing Tobacco, Vaping or E-Cigarettes)
Environmental Health (Water Quality, Pollution, Mosquito Control, etc.)	Violence – Sexual and / or Domestic
Heart Conditions (Heart Disease, Congestive Heart Failure CHF, Heart Attacks / AMI, High Blood Pressure / Hypertension)	Violence in the Community (Gun injuries, Gangs, Human Trafficking, etc.)
Other Health Problems: Please share other health concerns if the additional information on your above selections.	ney are not listed above. Also, please use this space to provide any

# Community Health Concerns and Health Services Gaps: Adults (ages 18+) 5. Below is an alphabetical list of health services often available in communities. Based on your experience, please check the FIVE services that you feel need to be strengthened in order to improve access, availability and quality of health and healthcare for ADULTS (ages 18+) in your community. **Aging Services** Health Promotion and Prevention Services Alcohol / Substance Abuse Services Home Health Services Behavioral / Mental Health Services Hospice and Palliative Care Services **Bereavement Support Services** Hospital Services (Inpatient, outpatient, emergency care) **Cancer Services** Long Term Services / Nursing Homes Care Coordination and Transitions of Care **Pharmacy Services** Chronic Disease Services (Diabetes, High Blood Pressure/ Physical Rehabilitation Services Hypertension) **Primary Care** Chronic Pain Management Services **Public Health Services** Dental / Oral Health Services Self-Management Services (Nutrition, Exercise, etc.) Domestic Violence / Sexual Assault Services Social Services Family Planning and Maternal Health Services Telehealth / Telemedicine Health Insurance Coverage Other Community Health Services: Please share other needed community health services if they are not listed above. Also, please use this space to provide any additional information on your above selections.

ommunity Health Concerns and Health Services	s Gaps
hildren's and Teens' Health Concerns (ages 0-17)	
e want to better understand the key health issues erve or work. The next two questions are about he or CHILDREN AND TEENS in the community.	
6. Below is an alphabetical list of community health in 17). Based on your experience, please check the FI AND TEENS in your community.	
Accidents / Injuries (Unintentional)	Hunger
Alcohol/ Substance Use (Prescription or Illegal Drugs	Infectious Diseases (Hepatitis, TB, MRSA, etc.)
including Opioids)  Behavioral / Mental Health (Suicide, ADD, Anxiety,	Intellectual / Developmental Disabilities / Autism
Depression)	Neurological Conditions (Epilepsy, Seizures, Tourette Syndrome-TICS, Sleep Disorders)
Bullying (Cyber, Workplace, etc)	Overweight / Obesity
Cancer	Physical Disabilities
Chronic Pain	Respiratory Diseases (Asthma and Cystic Fibrosis)
Dental / Oral Care	Sexually Transmitted Infections (HPV, HIV/AIDS, Chlamydia,
Diabetes	Gonorrhea, Herpes, etc.)
Drowning / Water Safety	Smoking / Tobacco Use (Cigarettes, Chewing Tobacco, Vaping or E-Cigarettes)
Eating Disorders	Teen Pregnancy
Environmental Health (Water Quality, Pollution, Mosquito Control, etc.)	Violence In the Home – Child Abuse (Sexual, Physical,
Heart Conditions (Congenital Heart Defects, Fainting and Rhythm Abnormalities)	Emotional or Neglect) or Exposure to Domestic Violence  Violence in the Community (Gun injuries, Gangs, Human Trafficking, etc.)
Other Health Problems: Please share other health concerns if the additional information on your above selections.	ney are not listed above. Also, please use this space to provide any

ommunity Health Services and Gaps: Children	n and Teens (ages 0-17)
	often available in communities. Based on your experied DTO BE STRENGTHENED in order to improve access of CHILDREN AND TEENS (ages 0-17) in your
Alcohol / Substance Use Services	Health Insurance Coverage
Behavioral / Mental Health Services	Home Health Services
Bereavement Support Services	Parent Education and Prevention Programming
Cancer Services	Pharmacy Services
Care Coordination and Transitions of Care	Physical Rehabilitation Services
Child Abuse Prevention and Treatment Services	Primary Care
Chronic Disease Services (Diabetes, High Blood Pressur	re/ Public Health Services
Hypertension)  Chronic Pain Management Services	Self-Management Services (Nutrition, Exercise, etc.)
Dental / Oral Health Services	Social Services
Foster Care (Supporting children in the system and their families)	Telehealth / Telemedicine
Other Community Health Services: Please share other needed use this space to provide any additional information on your all	d community health services if they are not listed above. Also, ple bove selections.

Access to Healthcare						
8. Below is an alphabetical list of issues that may affect the ability for individuals to access care. Based on your experience, please check the FIVE most important issues in accessing healthcare in your community.						
Childcare	No / Limited Home Support Network					
Costs	No / Limited Phone Access					
Discrimination	Time Off From Work					
Health Insurance	Transportation					
Lack of Medical Providers	Understanding the Use of Health Services					
Location of Health Services						
Please use this space to provide any additional information	on why you selected these concerns.					

	very community has populations which may need ck what you feel are the FIVE VULNERABLE PO community.		
	Caregivers (Examples: caring for a spouse with dementia o child with autism)  Children (age 0-17 years)	r a	Individuals Transitioning out of Incarceration  Individuals Needing Hospice / End of Life Support  Low Income Individuals
	Immigrants or community members who are not fluent in English		Migrant Workers
	Individuals / Families / Children experiencing Homelessness	s 🔲	Seniors / Elderly
	Individuals in the LBGTQ+ community		Unemployed Individuals
	Individuals Struggling with Literacy		Uninsured / Underinsured Individuals
	Individuals with Intellectual or Developmental Disabilities		Veterans and Their Families
	Individuals with Physical Disabilities		Victims of Human Trafficking, Sexual Violence or Don Violence
	Individuals Struggling with Substance Use or Abuse		Vicionic
arry c	additional information on your above selections.		

10. There are many things that impact health outside of the direct provision of healthcare. Below are a lis of such assets in the community. Please check what you feel are the FIVE COMMUNITY ASSETS that need strengthening in the community.  Affordable Child Care Neighborhood Safety Public Safety Services (Police, Fire, EMT)  Early Childhood Education Public Safety Services (Police, Fire, EMT)  Education – Kindergarten through High School Safety Public Safety Services (Police, Fire, EMT)  Education – Post High School Safety Services (Police, Fire, EMT)  Education – Post High School Safety Public Safety Services (Police, Fire, EMT)  Education – Post High School Safety Public Safety Services (Playgrounds, Parks, Sports Fields)  Employment Opportunity/Workforce Development Safety Net Food System (Food Bank, WIC, SNAP, Mealt Wheels, etc.)  Environment – Air & Water Quality Services Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Social Services  Hallty Food Access (Fresh Fruits & Vegetables, Community Social Services  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any additional information on your above selections.	ommunity Assets to Strengthen	
of such assets in the community. Please check what you feel are the FIVE COMMUNITY ASSETS that need strengthening in the community.  Affordable Child Care  Affordable Child Care  Affordable Housing  Public Safety Services (Police, Fire, EMT)  Early Childhood Education  Education – Kindergarten through High School  Education – Post High School  Employment Opportunity/Workforce Development  Employment – Air & Water Quality  Senior Services  Green Spaces  Green Spaces  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any		
Affordable Housing Public Safety Services (Police, Fire, EMT)  Early Childhood Education Public Spaces with Increased Accessibility for those with Disabilities  Education – Kindergarten through High School Safe Play and Recreation Spaces (Playgrounds, Parks, Sports Fields)  Employment Opportunity/Workforce Development Safety Net Food System (Food Bank, WIC, SNAP, Mealtwheels, etc)  Environment – Air & Water Quality Senior Services  Green Spaces Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	of such assets in the community. Please check wha	
Early Childhood Education  Public Spaces with Increased Accessibility for those with Disabilities  Education – Kindergarten through High School  Safe Play and Recreation Spaces (Playgrounds, Parks, Sports Fields)  Employment Opportunity/Workforce Development  Environment – Air & Water Quality  Senior Services  Green Spaces  Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Affordable Child Care	Neighborhood Safety
Education – Kindergarten through High School  Education – Post High School  Employment Opportunity/Workforce Development  Employment – Air & Water Quality  Environment – Air & Water Quality  Green Spaces  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness  Disabilities  Safe Play and Recreation Spaces (Playgrounds, Parks, Sports Fields)  Safety Net Food System (Food Bank, WIC, SNAP, Meals Wheels, etc)  Senior Services  Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Affordable Housing	Public Safety Services (Police, Fire, EMT)
Education – Kindergarten through High School  Safe Play and Recreation Spaces (Playgrounds, Parks, Sports Fields)  Employment Opportunity/Workforce Development  Environment – Air & Water Quality  Senior Services  Green Spaces  Green Spaces  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Early Childhood Education	
Education – Post High School  Employment Opportunity/Workforce Development  Safety Net Food System (Food Bank, WIC, SNAP, Meals Wheels, etc)  Environment – Air & Water Quality  Senior Services  Green Spaces  Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Education – Kindergarten through High School	_
Wheels, etc)  Environment – Air & Water Quality  Senior Services  Green Spaces  Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Homelessness  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Education – Post High School	
Environment – Air & Water Quality  Green Spaces  Social and Community Networks  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Social Services  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Employment Opportunity/Workforce Development	
Green Spaces  Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Social Services  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Environment – Air & Water Quality	
Healthy Food Access (Fresh Fruits & Vegetables, Community Gardens, Farmers Markets, etc.)  Social Services  Transportation  Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Green Spaces	
Walk-able and Bike-able Communities (Sidewalks, Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any		unity
Bike/Walking Trails)  Other Community Assets: share other community assets if they are not listed above. Also, please use this space to provide any	Homelessness	Transportation
		/ are not listed above. Also, please use this space to provide any
	,	

Optional: Please le	eave any comme	nts or closing	ng ideas below.			

Your Community Health Needs
Thank you in advance for responding to this brief survey as part of the Community Health Needs Assessments being conducted jointly by Bon Secours Hampton Roads, Children's Hospital of The King's Daughters, Riverside Health System, Sentara Healthcare and the Virginia Department of Health.
The results of the survey will help us identify community health priorities, as well as highlight possible opportunities to effect change.

Your Home Community				
* 1. Do you live in Virginia or North Carolina?  North Carolina				
☐ Virginia				

North (	Carolina Communities			
* 2. P	Please tell us in which North Ca	rolina County you liv	ve.	
	Bertie County			
	Camden County			
	Chowan County			
	Currituck County			
	Dare County			
	Gates County			
	Hertford County			
	Pasquotank County			
	Perquimans County			

rginia Communities		
4. Please tell us in which Virgi	nia city or county you live.	
Accomack County	King William County	Portsmouth (City of)
Charles City County	Lancaster County	Richmond County
Chesapeake (City of)	Mathews County	Southampton County
Essex County	Middlesex County	Suffolk (City of)
Franklin (City of)	New Kent County	Surry County
Gloucester County	Newport News (City of)	Sussex County
Hampton (City of)	Norfolk (City of)	Virginia Beach (City of)
Isle of Wight County	Northampton County	Westmoreland County
James City County	Northumberland County	Williamsburg (City of)
King and Queen County	Poquoson (City of)	York County

Community Health Concerns and Health Services				
Community Fleatin Concerns and Fleatin Services				
ADULTS				
le want to better understand the key health issues that you feel affect your community. The bllowing questions are about health concerns and health services for adults. We will also ask you imilar questions about children and teens in your community in a separate section.				
6. Community Health Concerns for Adults (18 years of	of age and older)			
Below is an alphabetical list of community health issues experience, please check the FIVE (5) MOST IMPOR community.	` ,			
Accidents / Injuries (Unintentional)	Hunger			
Alcohol/ Substance Use (Prescription or Illegal Drugs including Opioids)	Infectious Diseases (Hepatitis, TB, MRSA, etc.)			
Alzheimer's Disease / Dementia	Intellectual or Developmental Disabilities / Autism			
Behavioral / Mental Health (Including Suicide, ADD, Anxiety, Depression, etc.)	Neurological Conditions (Stroke, Seizures, Multiple Sclerosis, Traumatic Brain Injury, etc.)			
Bullying (Cyber, Workplace, etc)	Overweight/Obesity			
Cancer	Physical Disabilities			
Chronic Pain	Prenatal and Pregnancy Care			
	Respiratory Diseases (Asthma, COPD, Emphysema)			
Dental / Oral Care  Diabetes	Sexually Transmitted Infections (HPV, HIV/AIDS, Chlamydia, Gonorrhea, Herpes, etc.)			
Drowning / Water Safety	Smoking / Tobacco Use (Cigarettes, Chewing Tobacco, Vaping or E-Cigarettes)			
Environmental Health (Water Quality, Pollution, Mosquito Control, etc.)	Violence – Sexual and / or Domestic			
Heart Conditions (Heart Disease, Congestive Heart Failure, Heart Attacks, High Blood Pressure)	Violence in the Community (Gun Injuries, Gangs, Human Trafficking, etc.)			
Comments: Please use this space to provide any additional inforr concerns that are not listed.	nation on why you selected these concerns or share other health			

Costs	Childcare			No / Limited Home	Support Network	
Lack of Medical Providers	Costs			No / Limited Phone	Access	
Location of Health Services  Understanding the Use of Health Services  Comments: Please use this space to provide any additional information on why you selected these concerns or share any concentrat are not listed.  B. Below are questions that address the quality of care received. Please choose if you agree or disagree with the following statements.  When seeking health services, I feel that plays a role in the treatment adults receive.  Strongly Disagree Disagree Neutral Agree Strongly Agree Race/Ethnicity	Health Insurance			Time Off From Wor	rk	
Comments: Please use this space to provide any additional information on why you selected these concerns or share any concerns that are not listed.  8. Below are questions that address the quality of care received. Please choose if you agree or disagree with the following statements.  When seeking health services, I feel that plays a role in the treatment adults receive.  Strongly Disagree Disagree Neutral Agree Strongly Agree Race/Ethnicity	Lack of Medical Pro	oviders		Transportation		
B. Below are questions that address the quality of care received. Please choose if you agree or disagree with the following statements.  When seeking health services, I feel that plays a role in the treatment adults receive.  Strongly Disagree Disagree Neutral Agree Strongly Agree Agree Strongly Agree Gender	Location of Health S	Services		Understanding the	Use of Health Serv	vices
Strongly Disagree Disagree Neutral Agree Strongly Agree Race/Ethnicity	with the following sta	atements.				
Language       O<	when seeking healt					Strongly Agre
Gender         O <th>Race/Ethnicity</th> <th></th> <th></th> <th></th> <th></th> <th></th>	Race/Ethnicity					
Sexual Orientation O O O O O O O O O O O O O O O O O O O	Language					
Age O O O O O O O O O O O O O O O O O O O						
Disabilities   Religion   Education   Disabilities   Disabilities	Gender					
Religion O O O O O		0	$\circ$			
Education O O O	Sexual Orientation	0	0			
	Sexual Orientation  Age		0		0	0
Immigration Status	Sexual Orientation  Age  Disabilities		0		<ul><li>O</li><li>O</li><li>O</li><li>O</li></ul>	
	Sexual Orientation  Age  Disabilities  Religion					
	Sexual Orientation  Age		0		0	0
	Sexual Orientation  Age  Disabilities  Religion  Education  Immigration Status	his space to provide any	additional information	on on why you agreed	or disagreed with t	the above statement

9. Community Health Services for Adults Below is an alphabetical list of health services. Based MOST IMPORTANT SERVICES you feel NEED TO E	
services for ADULTS (18+) in your community.  Access to Care (Availability, Language, Costs, Lack of Providers, etc.)  Aging Services  Alcohol / Substance Use Disorders  Behavioral / Mental Health Services	Health Insurance Coverage Health Promotion and Prevention Services Home Health Services Hospice and Palliative Care Services Hospital Services (Inpatient, Outpatient, Emergency Care
Bereavement Support Services  Cancer Services  Care Coordination and Transitions of Care  Chronic Disease Services (Diabetes, High Blood Pressure)  Chronic Pain Management Services  Dental / Oral Health Services  Domestic Violence / Sexual Assault Services  Family Planning and Maternal Health Services  Comments: Please use this space to provide any additional informot listed.	Long Term Services / Nursing Homes  Pharmacy Services  Physical Rehabilitation Services  Primary Care  Public Health Services  Social Services  Telehealth / Telemedicine  nation on why you selected these concerns or share any concerns

DMMUNITY HEALTH CONCERNS AND HEALTI	H SERVICES
HILDREN and TEENS	
e want to better understand the key health issues t llowing questions are about health concerns and h	
10. Community Health Concerns for Children and Tee	ns (Age 0-17 years)
Below is an alphabetical list of community health issue experience, please check the FIVE (5) MOST IMPOR community.	es that affect CHILDREN (0-17). Based on your TANT HEALTH CONCERNS FOR CHILDREN in your
Accidents / Injuries (Unintentional)	Hunger
Alcohol/ Substance Use (Prescription or Illegal Drugs	Infectious Diseases (Hepatitis, TB, MRSA, etc.)
including Opioids)  Behavioral / Mental Health (Including Suicide, ADD, Anxiety,	Intellectual or Developmental Disabilities / Autism
Depression, etc.)	Neurological Conditions (Epilepsy, Tourette Syndrome, Sleep Disorders, Seizures etc.)
Bullying (Cyber, School, etc.)	Overweight/Obesity
Cancer	Physical Disabilities
Chronic Pain	Respiratory Diseases (Asthma, Emphysema, Cystic Fibrosis
Dental / Oral Care	Sexually Transmitted Infections (HPV, Herpes, HIV/AIDS,
Diabetes	Chlamydia, Gonorrhea, etc.)
Drowning / Water Safety	Smoking / Tobacco Use (Cigarettes, Chewing Tobacco, Vaping or E-Cigarettes)
Eating Disorders	Teen Pregnancy
Environmental Health (Water Quality, Pollution, Mosquito Control, etc.)	Violence In the Home – Child Abuse (Sexual, Physical, Emotional or Neglect) or Exposure to Domestic Violence
Heart Conditions (Congenital Heart Disease, Fainting, and Rhythm Abnormalities)	Violence in the Community (Gun Injuries, Gangs, Human Trafficking, etc.)
Comments: Please use this space to provide any additional inform	nation on why you selected these concerns or share any concerns

Childcare			No / Limited Home	Support Network	
Costs			No / Limited Phone	Access	
Health Insurance			Time Off From Wor	rk	
Lack of Medical Pro	oviders		Transportation		
Location of Health	Services		Understanding the	Use of Health Serv	rices
.2. Below are quest	ions that address the	quality of care (	children/teens rec	eive. Please ch	oose if you ag
or disagree with the	following statements Strongly Disagree	Disagree	Neutral	Agree	Strongly Agr
Race/Ethnicity					
Race/Ethnicity Language	O				
	O O	0	0	0	0
Language				0	0
Language				0	
Language Gender Sexual Orientation					
Language Gender Sexual Orientation Age					
Language Gender Sexual Orientation Age Disabilities					

13. Community Health Services for Children and Tee	ns				
Below is an alphabetical list of health services. Based	Below is an alphabetical list of health services. Based on your experience, please check the FIVE (5)				
MOST IMPORTANT SERVICES that you feel NEED TO BE STRENGTHENED in order to improve health					
services for CHILDREN and TEENS (0-17) in your co	ommunity.				
Alcohol / Substance Use Disorders	Health Insurance Coverage				
Behavioral / Mental Health Services	Home Health Services				
Bereavement Support Services	Parent Education and Prevention Programming (Child Development, Positive Discipline, Newborn Care,				
Cancer Services	Parent/Child Relationships, etc.)				
Care Coordination and Transitions of Care	Pharmacy Services				
Child Abuse Treatment Services	Physical Rehabilitation Services				
Chronic Disease Services (Diabetes, High Blood Pressure)	Primary Care				
Chronic Pain Management Services	Public Health Services				
Dental / Oral Health Services	Social Services				
Foster Care (Supporting Children in the System and Their Host Families)	Telehealth / Telemedicine				
Other Community Health Services: Please use this space to prov	ride any additional information on your above selections.				

## OTHER COMMUNITY STRENGTHS AND WEAKNESSES

Children and Teens (age 0-17 years)  Children and Teens (age 0-17 years)  Immigrants or Community Members who are not Fluent in English  Migrant Workers  Individuals / Families / Children Experiencing Homelessness  Seniors / Elderly  Individuals in the LBGTQ+ Community  Unemployed Individuals  Individuals Struggling with Literacy  Uninsured / Underinsured Individuals  Individuals with Physical Disabilities  Veterans  Individuals With Physical Disabilities  Victims of Human Trafficking, Sexual Violence or Domes Violence  Individuals Struggling with Substance Abuse  Comments: Please use this space to provide any additional information on why you selected these concerns or share any concernot listed.	SUPPORT in you  Caregivers (Exa child with autism	mples: caring for a spouse with dement	a or a Indi	viduals Transitioning out of Incarceration
	Immigrants or C English  Individuals / Fan Individuals in the Individuals Strug Individuals with Individuals with Individuals Strug	ommunity Members who are not Fluent nilies / Children Experiencing Homeless e LBGTQ+ Community ggling with Literacy Intellectual or Developmental Disabilitie Physical Disabilities ggling with Substance Abuse	Low  Mig  ness Sen  Une  Unin  Vete  Vict	rant Workers  iors / Elderly  employed Individuals  nsured / Underinsured Individuals  erans  ims of Human Trafficking, Sexual Violence or Domestence
	not listed.			

STRENGTHENING in your community.	Dublic Spaces with Ingressed Associability for Those with
Affordable Child Care	Public Spaces with Increased Accessibility for Those with Disabilities
Education – Early Childhood (Pre-K)	Safe, Affordable Housing
Education – Kindergarten through High School	Safe Play and Recreation Spaces (Playgrounds, Parks,
Education – Post High School	Sports Fields)
Education – Special Education Services	Safe Sidewalks, Trails and Bike Access
Employment Opportunity / Workforce Development	Safety Net Food System (Food Bank, WIC, SNAP, Meals on
Environment – Air & Water Quality	Wheels, etc.)
Healthy Food Access (Fresh Fruits & Vegetables, Comn	
Gardens, Farmers Markets, etc.)	Social and Community Networks
Public Safety Services (Police, Fire, EMT)	Social Services (Assistance with Medicaid, Medication, Hom- Safety, Other Resources, etc.)
	Transportation
	nformation on why you selected these concerns or share any concerns
not listed.	nformation on why you selected these concerns or share any concerns
not listed.	nformation on why you selected these concerns or share any concerns
	nformation on why you selected these concerns or share any concerns
not listed. 16. Additional Ideas or Suggestions Please use this space to share any additional idea	as or suggestions for improving community health.
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not listed. 16. Additional Ideas or Suggestions Please use this space to share any additional idea	
not listed. 16. Additional Ideas or Suggestions Please use this space to share any additional idea	

22. <i>F</i>	Age (years):
	0-17
	18-24
	25-54
	55+
23. N	Marital Status
	Married
	Separated
	Divorced
O '	Widowed
	Never Married / Single
24. F	Highest Level of Education
	Grade K-8
	Grade 9-11
	High School Graduate
	Some College / No Degree
	Associates Degree
	Bachelor's Degree
	Graduate Degree
	No Schooling Completed
25. l	nsurance
	Private Insurance (Individual, Exchange Plan, Employer Sponsored)
	Medicare
	Medicaid
	Military (Tricare / VA Benefits)
	Indian Health Services
	Uninsured
	Self-pay (Not Co-Pay)
If enro	olled in more than one insurance type, please list them below:

20. AI	e you currently serving on active duty or as a Reservist in the U.S. Armed Forces?
Ye	es e
O No	
27. Ar	e you a veteran of the U.S. Armed Forces?
Ye	es e
O No	
28. Ar	e you a dependent of someone who serves in the U.S. Armed Forces?
Ye	es e
O No	
29. Ho	pusing
O/	wn
Re	ent
<u>Н</u>	omeless
Ot	ther
	ve With:
Numbe	r of Children
31. Li\	ve With: Age Range of Children
0-2	2
3-	5
6-:	11
12	2-14
15	5-18
19	9-21
22	2-25
Th	nere are no children within these age ranges living in my home.

