



# Do You See a Non-VA Health Care Provider?

VLER Health is a program that shares certain parts of your Veteran health record between the Department of Veterans Affairs (VA), the Department of Defense (DoD), and selected private health care providers over a secure and confidential network known as the eHealth Exchange. This program is **free** and voluntary for Veterans.

**How might VLER Health benefit me?** Many Veterans receive a portion of their care from non-VA health care providers. Sharing certain parts of your Electronic Health Record (EHR) will help reduce the need for patients and families to carry records between health care providers as well as allow your private health care provider to make more informed decisions about your care. In an emergency, immediate access to additional health care information could save your life.

**Who can view my health information?** Your non-VA health care provider if participating in one of the hospitals below, and VA doctors will both be able to see certain parts of your health record and use it to create a better picture of your overall health.

St. Mary's Hospital, Richmond, VA; Richmond Community Hospital, Richmond, VA; St. Francis Medical Center, Midlothian, VA; Memorial Regional Medical Center, Mechanicsville, VA; Maryview Medical Center, Portsmouth, VA; DePaul Medical Center, Norfolk, VA; Mary Immaculate Hospital, Newport News, VA; Sentara Virginia Beach General Hospital, Virginia Beach, VA; Sentara Princess Anne Hospital, Virginia Beach, VA; Sentara Leigh Hospital, Norfolk, VA; Sentara Norfolk General Hospital, Norfolk, VA; Sentara Careplex Hospital, Hampton, VA; Sentara Williamsburg Regional Medical Center, Williamsburg, VA; Sentara Obici Hospital, Suffolk, VA; Sentara Northern Virginia Medical Center, Woodbridge, VA; Over 150 physician practices participating through Sentara in VA and NC.

**How do I join?** Signing up is fast and easy. You may sign up in person, through the mail, by fax, or online.

**Online:** Simply visit <https://www.ebenefits.va.gov> and complete the following 4 steps:

1. Click on **ACCESS MY DOCUMENTS** at the top of the page
2. Scroll down to the Health section & click **MANAGE MY AUTHORIZATIONS AND PREFERENCES (VLER)**
3. At the bottom of the page click on **SHARE YOUR ELECTRONIC HEALTH INFORMATION WITH NON-VA HEALTH CARE PROVIDERS**
4. Highlighted on this page you will find the "VLER Authorization Form" (to share your medical information) and the "VLER Health Revocation Form" (to stop sharing your medical information)
5. Print out and complete the Authorization form. Return it to your participating VAMC by mail or in person

**PLEASE DO NOT EMAIL COMPLETED FORMS BACK TO THE VAMC**

**In Person:** Simply visit the Richmond VAMC Release of Information Offices (ROI) located on the 1<sup>st</sup> floor across from Centralized Registration. Fill out the VA Authorization form (VA Form 10-0485) and turn it in at one of the ROI Offices.

**By Mail:** Download and fill out the VA Authorization (VA Form 10-0485) from our internet site at <http://www.va.gov/VLER/vler-health-exchange-registration-guide.asp>. Mail the Authorization form to

Richmond VA Medical Center - 136 VLER  
1201 Broad Rock Blvd  
Richmond, VA 22249

**What if I decide not to join?** Participation is entirely voluntary. Deciding not to participate will not affect your relationship with your doctor and/or VA medical facilities.

**What if I join and later change my mind?** If you change your mind, you can visit your Richmond VAMC website or call the toll-free VLER Health Information line at 1-877-771-VLER (8537) to request the VLER Health Revocation form to stop sharing your health information.

Please visit our internet site at [www.va.gov/vler/vlerhealth.asp](http://www.va.gov/vler/vlerhealth.asp) to download the forms and learn more about VLER Health.

If you would like to see which non-VA health care facilities are participating in this program, please visit the following website: <http://www.va.gov/VLER/vler-health-your-area.asp>